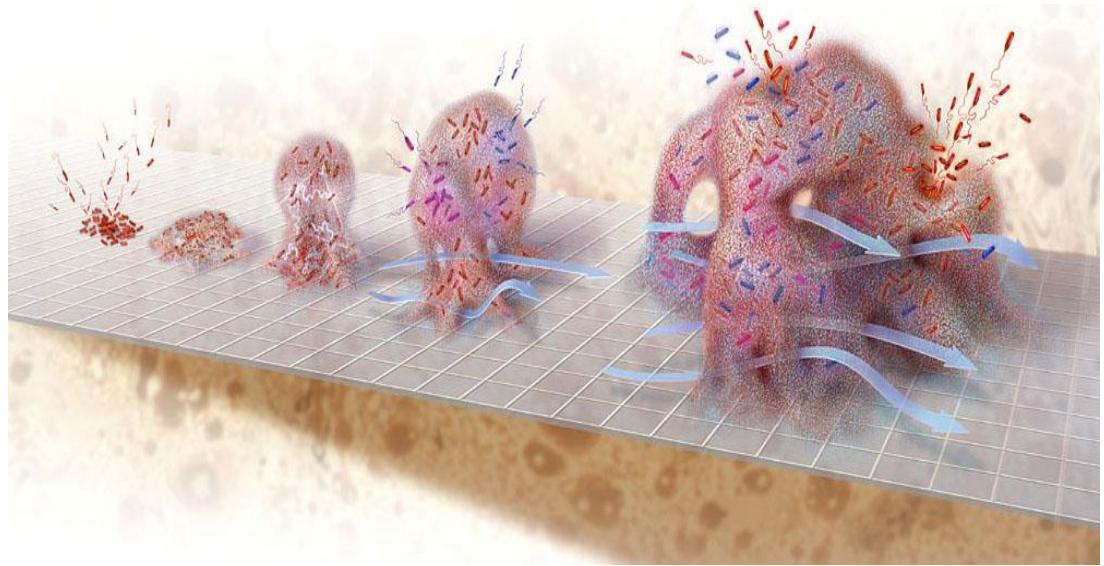
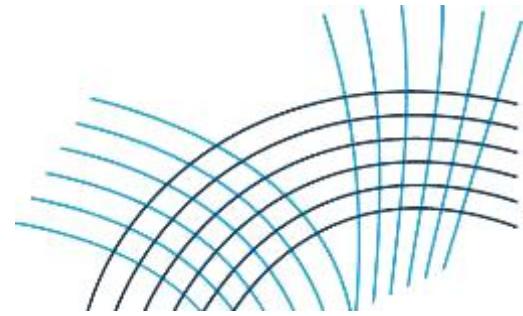


Infections of the locomotor system - modern concepts in diagnosis and treatment



Andrej Trampuz
Charité – University Hospital Berlin
Germany

Infektions of the locomotor system



Periprosthetic joint infections

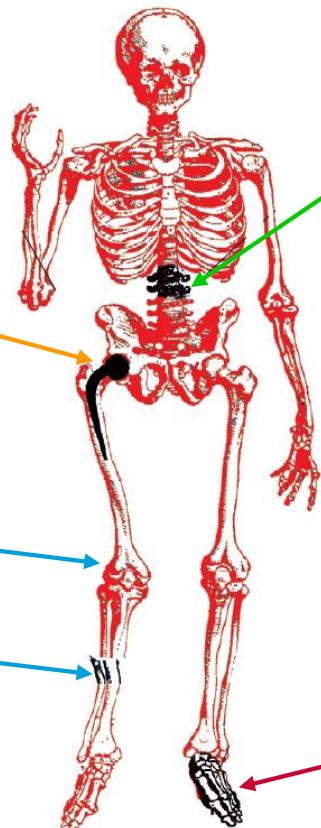
- CNS, *S. aureus*
- *Streptococcus* spp.
- *Enterococcus* spp.
- *Propionibacterium acnes*

Septic arthritis

- *S. aureus*
- *Streptococci*
- *Enterococci*

Posttraumatic osteomyelitis

- *S. aureus*
- Polymicrobial
- Gramnegative bacilli



Spondylodiscitis

- *S. aureus*
- Gramnegative bacilli
- *Streptococcus* spp,
- *Mycobacterium tuberculosis*

Diabetic foot infection

- *S. aureus*
- *Streptococcus* spp.
- *Enterococcus* spp.
- Gramnegative bacilli
- Anaerobes

Staphylococcus aureus is the most common pathogen

BIONIC WOMAN

© NBC

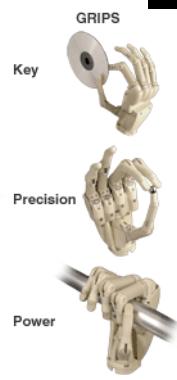
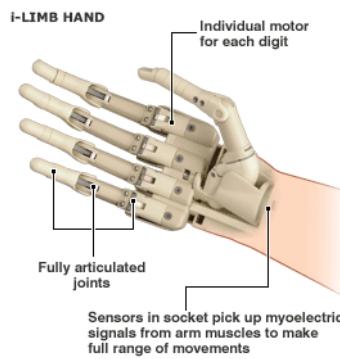
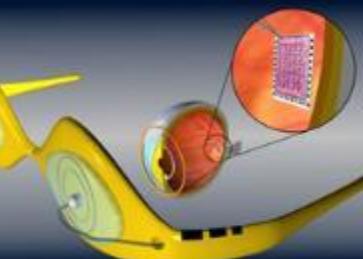
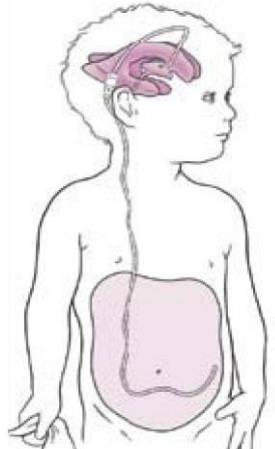


**Science fiction: implant
function better than native**

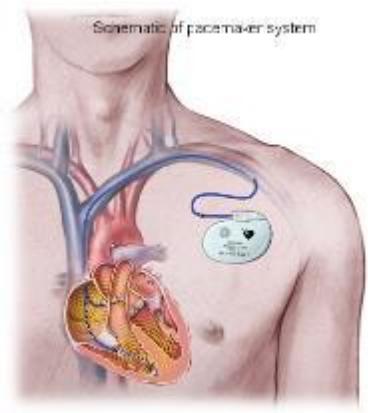


Implants improved life quality



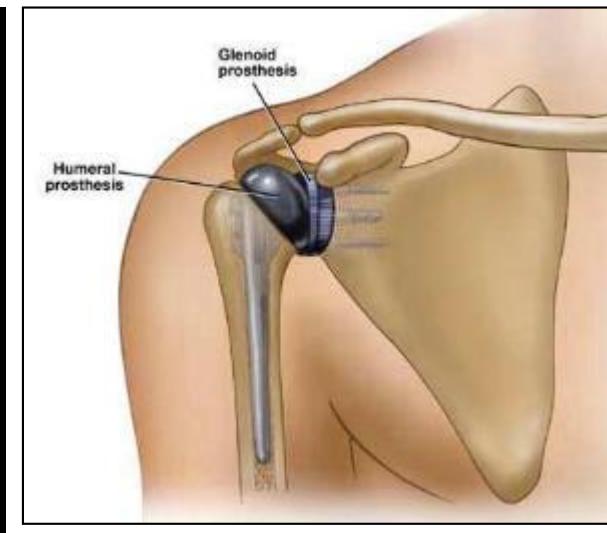
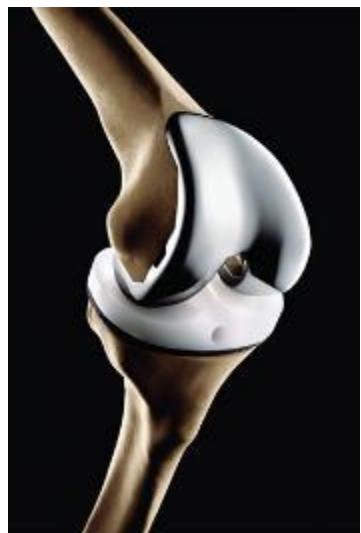
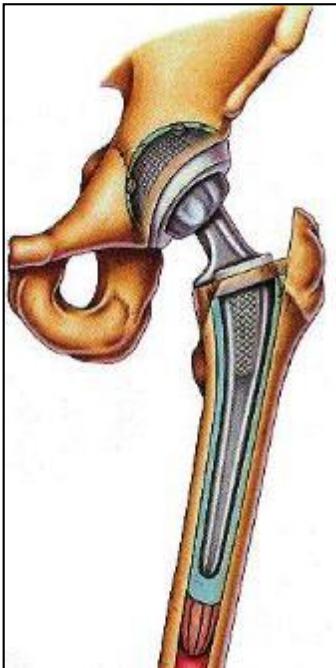


SOURCE: Touch Bionics



Joint replacement

- One of the most successful intervention in medicine
- Improved quality of life in the increasingly elderly population



Epidemiology of implanted devices

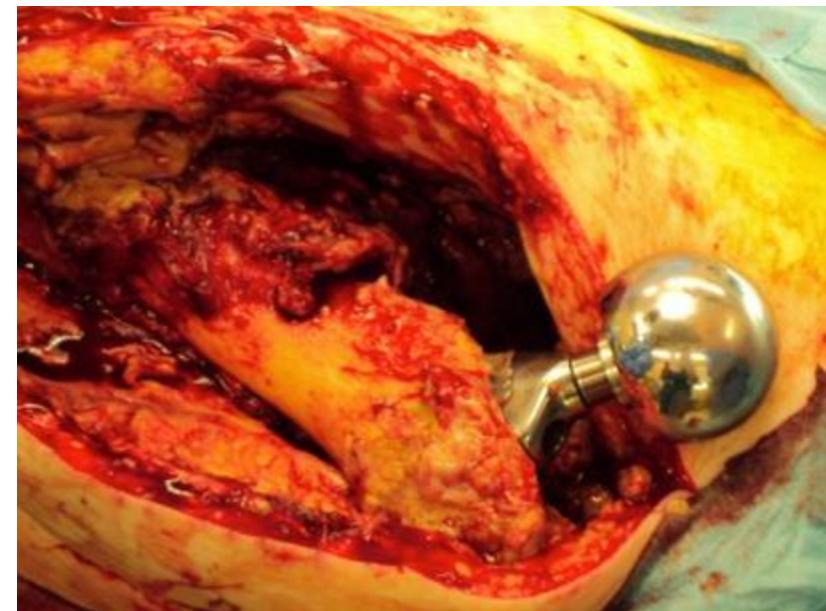
| Device type | No. of devices implanted per year (2017) in Millions | | | Rate of revision | Rate of infection |
|---------------------------|--|-------------|--------------|------------------|-------------------|
| | Germany | Europe | World | Mean | Range |
| Fracture fixation devices | 0.71 | 3.5 | 7.9 | 10% | 5-10% |
| Joint prostheses | 0.47 | 2.5 | 5.7 | 20% | 5-10% |
| Spinal implants | 0.24 | 1.8 | 3.0 | 38% | 5-10% |
| Vascular grafts | 0.50 | 3.5 | 15.9 | 25% | 5-10% |
| Heart pacemakers | 0.80 | 8.0 | 28.7 | 15% | 5-15% |
| Mechanical heart valves | 0.35 | 2.8 | 8.7 | 10% | 1-8% |
| Heart assist devices | 0.12 | 0.9 | 4.1 | 65% | 30-40% |
| Dental implants | 1.0 | 5.5 | 25.2 | 10% | 5-10% |
| Breast implants | 0.3 | 2.9 | 18.2 | 20% | 5-10% |
| TOTAL | 4.49 | 31.4 | 117.4 | Ca. 25% | Ca. 5-10% |

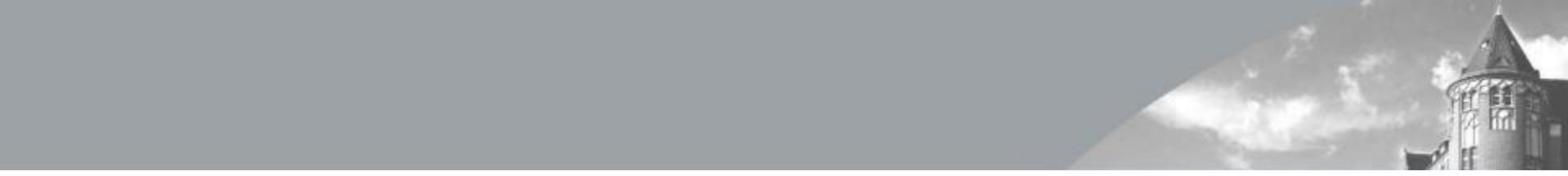
Darouiche RO. *Clin Infect Dis* 2018

www.transparencymarketresearch.com

What should we do?

- Always aggressive tumor-like surgery?
- Mutilating surgery for the patient?
- Amputation?





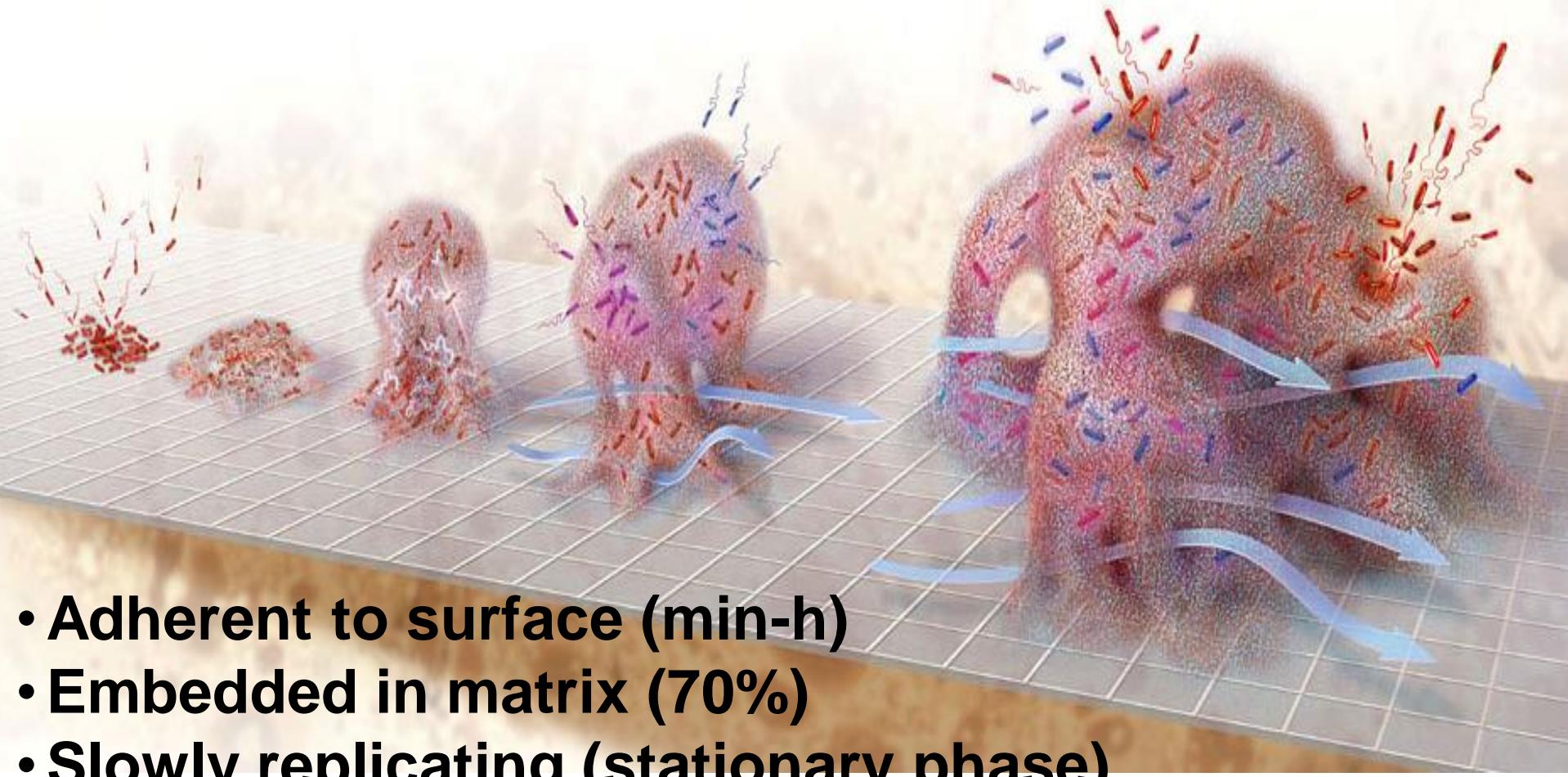
Biofilm and implants: difficult to treat?

Planktonic bacteria & granulocytes

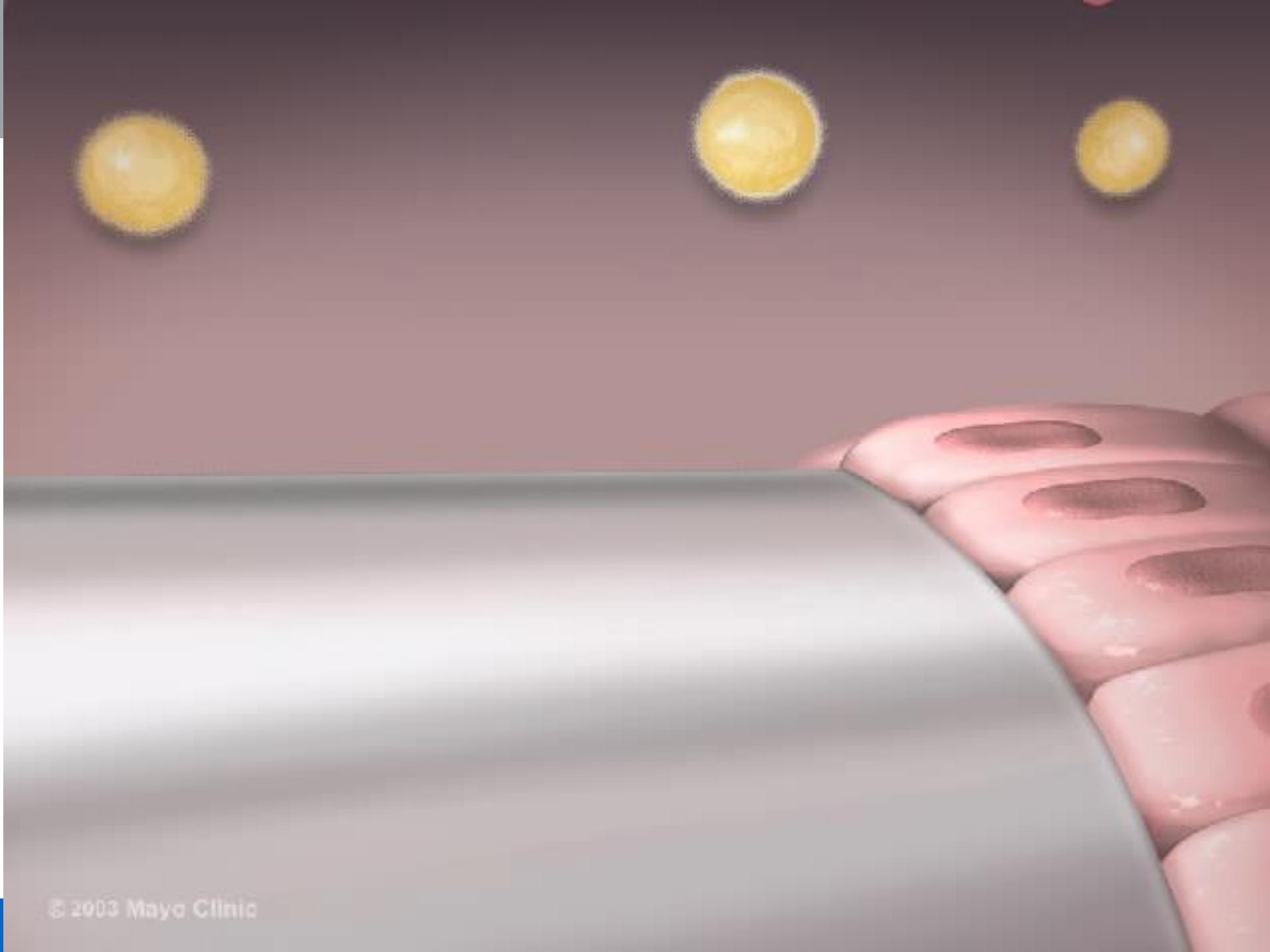


Biofilm

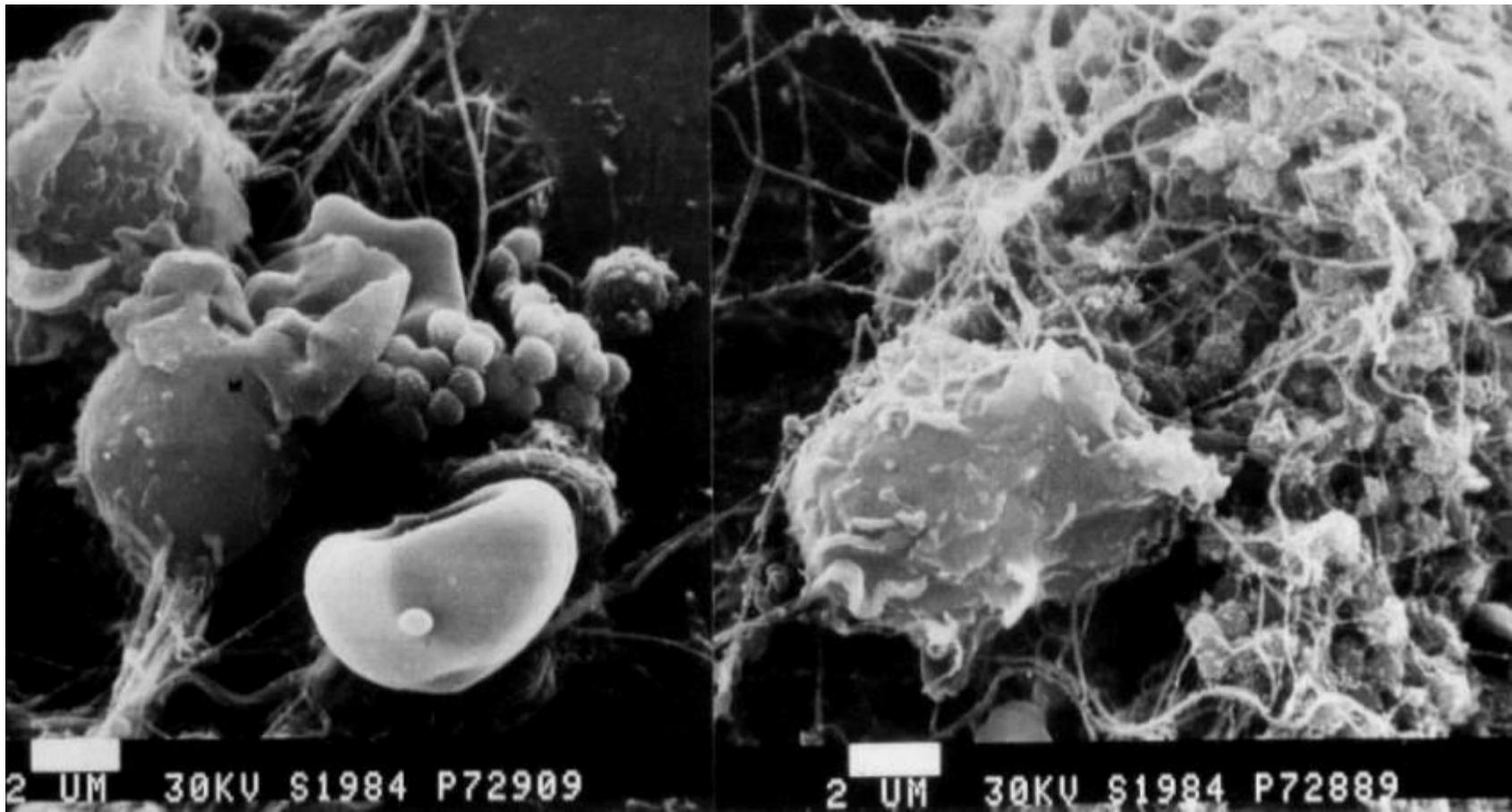
1 min 3 h 12 h 1 day —————→ 3 days



- Adherent to surface (min-h)
- Embedded in matrix (70%)
- Slowly replicating (stationary phase)



Experimental foreign-body infection (*S. aureus*)



3 h after inoculation

24 h after inoculation

⇒ Rapid adherence, no elimination by granulocytes.

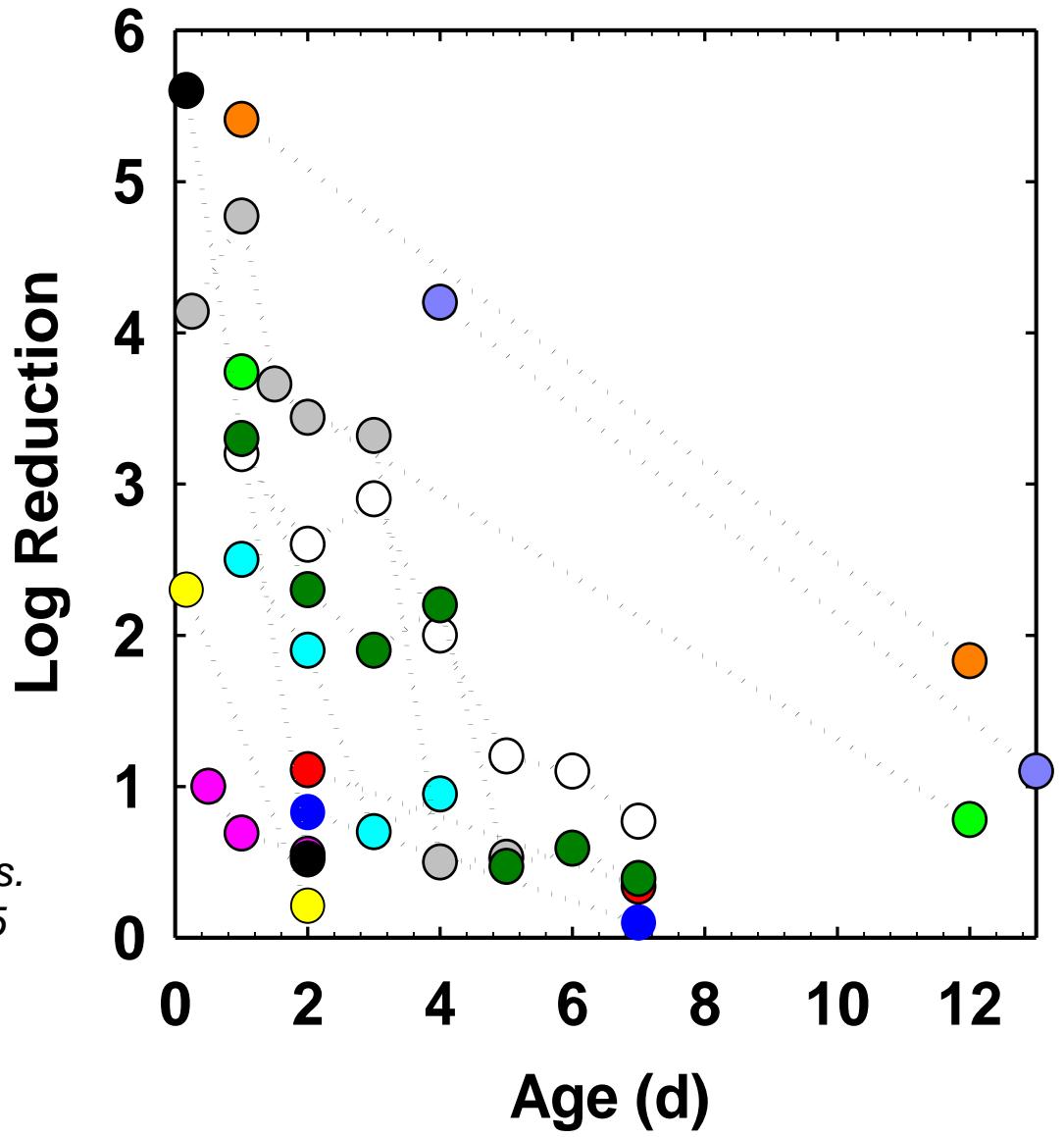
The „fatal“ attraction

- **Foreign body** = avascular tissue (local immune defect): frustrated phagocytosis
- **Low number** of bacteria (≈ 200) sufficient to cause biofilm on implant
- **Mature biofilm** (>3 weeks) impossible to eradicate without implant removal

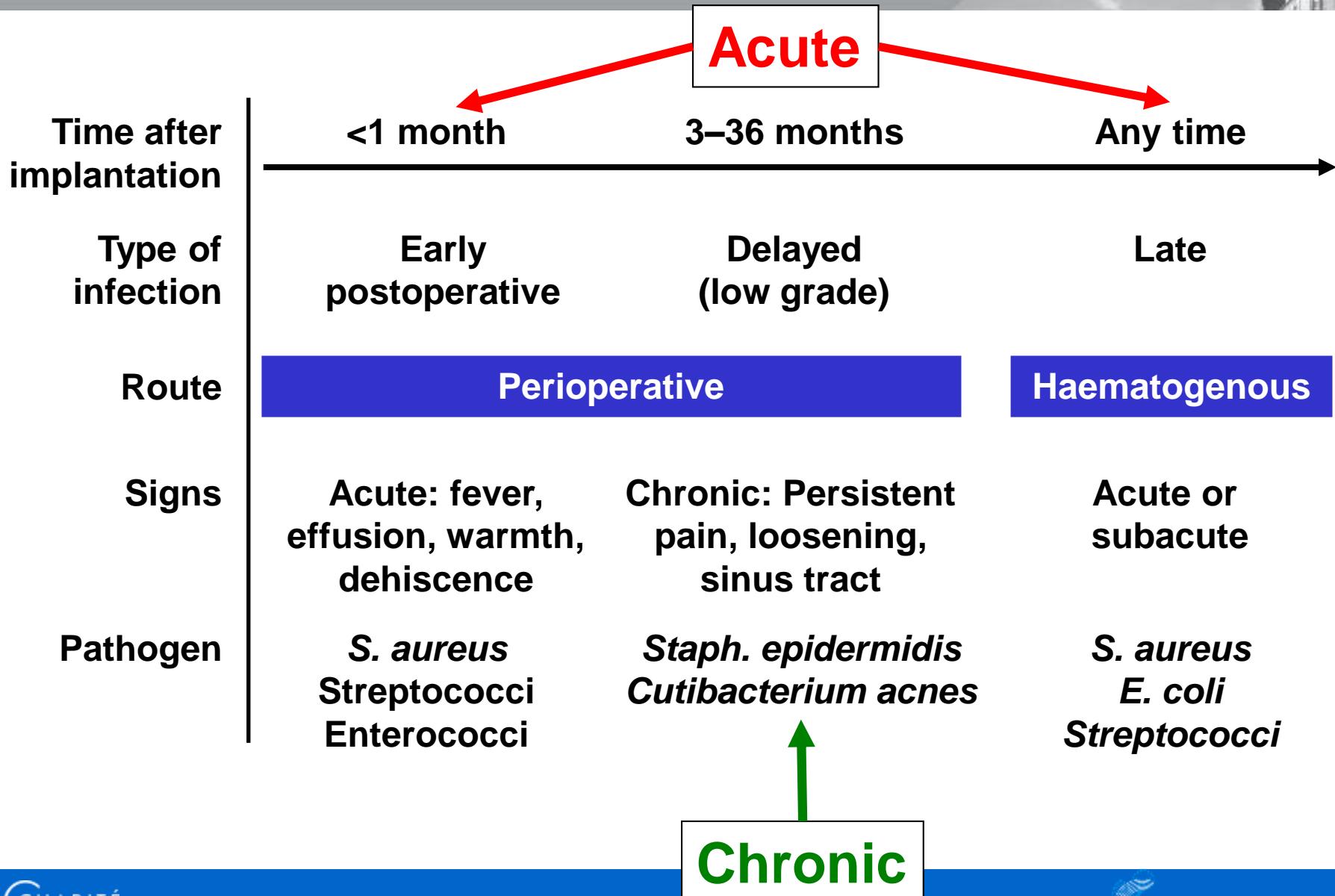
Killing depends on age of the biofilm (in vitro)

The older the
biofilm, the
lower the
bacterial killing

Antimicrobial tolerance in biofilms.
In: *Microbiol Spectr* 3: June 2015



Classification: early – delayed – late



Key to success: Interdisciplinary concept

Microbiologist



Pathogen
diagnostics

Infectious diseases
specialist



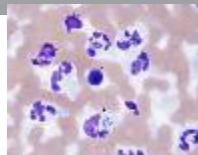
Antibiotics

Surgery

Ortho/trauma &
Plastic surgeons



Key to success No. 2: Target the biofilm



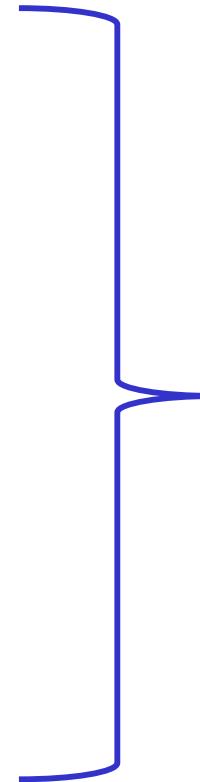
Diagnosis



Antibiotics



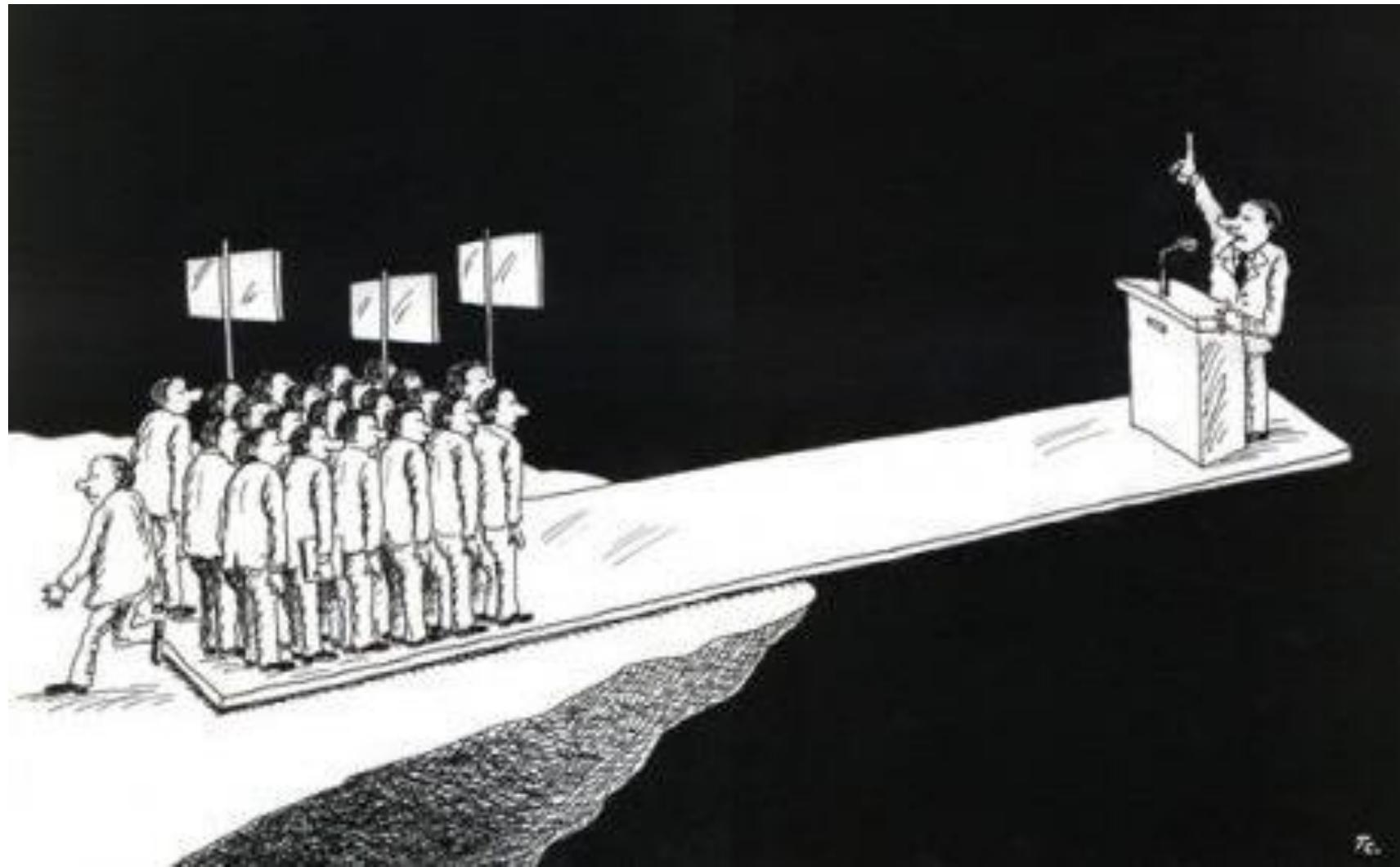
Surgery



Directed against
biofilms

Cure rate > 90%

Modern concepts



Ortho/trauma surgeons

Researchers

ID/microbiology

**Septic
surgery
unit**



■ INSTRUCTIONAL REVIEW

A standardized interdisciplinary algorithm for the treatment of prosthetic joint infections

OUTCOME IN A CENTRALIZED AND SPECIALIZED DEPARTMENT

D. Karczewski,
T. Winkler,
N. Renz,
A. Trampuz,
E. Lieb,
C. Perka,
M. Müller

*From Charité –
Universitätsmedizin
Berlin, Berlin,
Germany*

Aims

In 2013, we introduced a specialized, centralized, and interdisciplinary team in our institution that applied a standardized diagnostic and treatment algorithm for the management of prosthetic joint infections (PJIs). The hypothesis for this study was that the outcome of treatment would be improved using this approach.

Patients and Methods

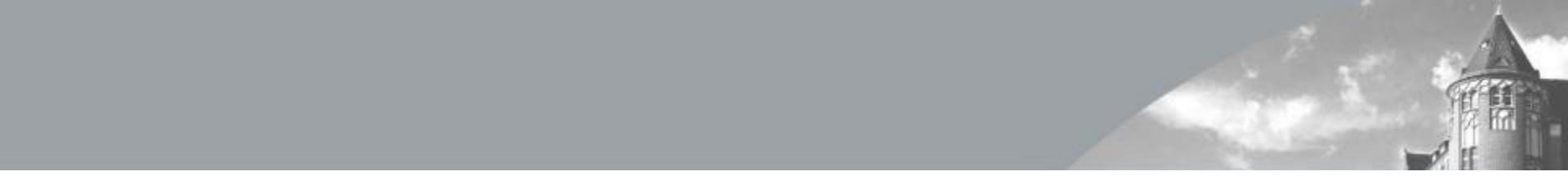
In a retrospective analysis with a standard postoperative follow-up, 95 patients with a PJI of the hip and knee who were treated with a two-stage exchange between 2013 and 2017 formed the study group. A historical cohort of 86 patients treated between 2009 and 2011 not according to the standardized protocol served as a control group. The success of treatment was defined according to the Delphi criteria in a two-year follow-up.

Results

Patients in the study group had a significantly higher Charlson Comorbidity Index (3.9 vs 3.1; $p = 0.009$) and rate of previous revisions for infection (52.6% vs 36%; $p = 0.025$), and tended to be older (69.0 vs 66.2 years; $p = 0.075$) with a broader polymicrobial spectrum (47.3% vs 33.7%; $p = 0.062$). The rate of recurrent infection (3.1% vs 10.4%; $p = 0.048$) and the mean time interval between the two stages of the procedure (66.6 vs 80.7 days; $p < 0.001$) were reduced significantly in the study group compared with the control group

Teamwork of experts





Is it an infection?

MOP, MOM,
COC bearing
couples

Wear
particles

Infection

Osteolysis

Hypersensitivity,
mutagenicity?

Metal ion
release

Excessive
micromotion

Bone to implant
toughness mismatch

Excessive
rigidity

Unnatural force transfer

Stress shielding,
weak bone

Preoperative
diagnosis

complication
rate

poor
education,
low
surgical
volume

Sistemic
alterations

Acute or fatigue implant
fracture, oxidative
degradation, corrosion

Production errors,
improper materials or
design

Aggressive
activity - sports

Acute mechanical overload
Chronic mechanical overload

Artifical joint
material failure

Bone to implant
interface failure

Effective joint
space fluid
pressure

Implant positioning,
poor approach

Poor surgical
technique

ARTIFICIAL JOINT FAILURE:

loosening, dislocation, neurovascular
deficits, tendon lesions, limb lenght
discrepancy, poor range of motion,
pain, sounds

About 20% of prosthesis fail: Infection or aseptic reason?



preoperative

Diagnosis

intraoperative



History & clinical presentation



laboratory



imaging



joint puncture



cytology microbiology histopathology



Intraoperative sampling

A photograph showing three surgeons in blue scrubs and green caps performing surgery on a patient's leg. The surgeon on the left is wearing a surgical mask and glasses. The surgeon in the center is making a peace sign with their right hand. A small inset image in the bottom left corner shows a close-up of a pinkish-red tissue sample.

microbiology histopathology



sonication

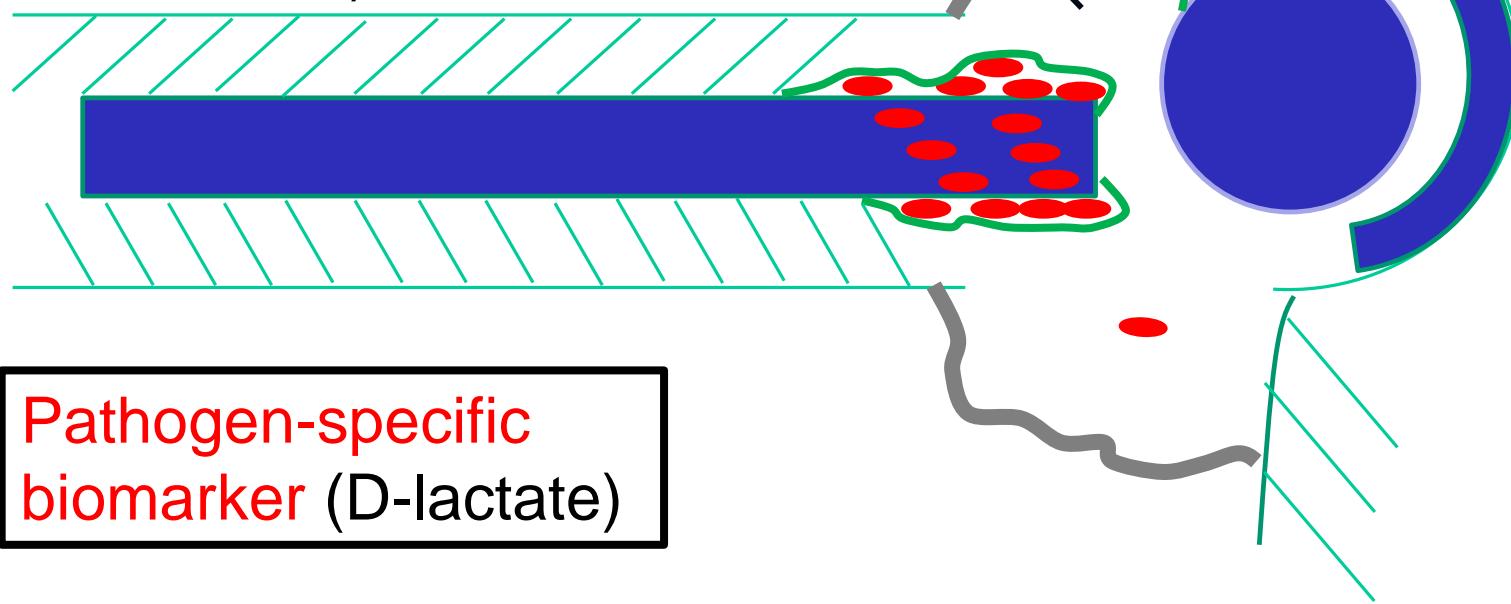
Joint aspiration

Microbiology (culture,
molecular tests)

Inflammation
(leukocyte count,
histopathology,
biomarkers)

Blood tests

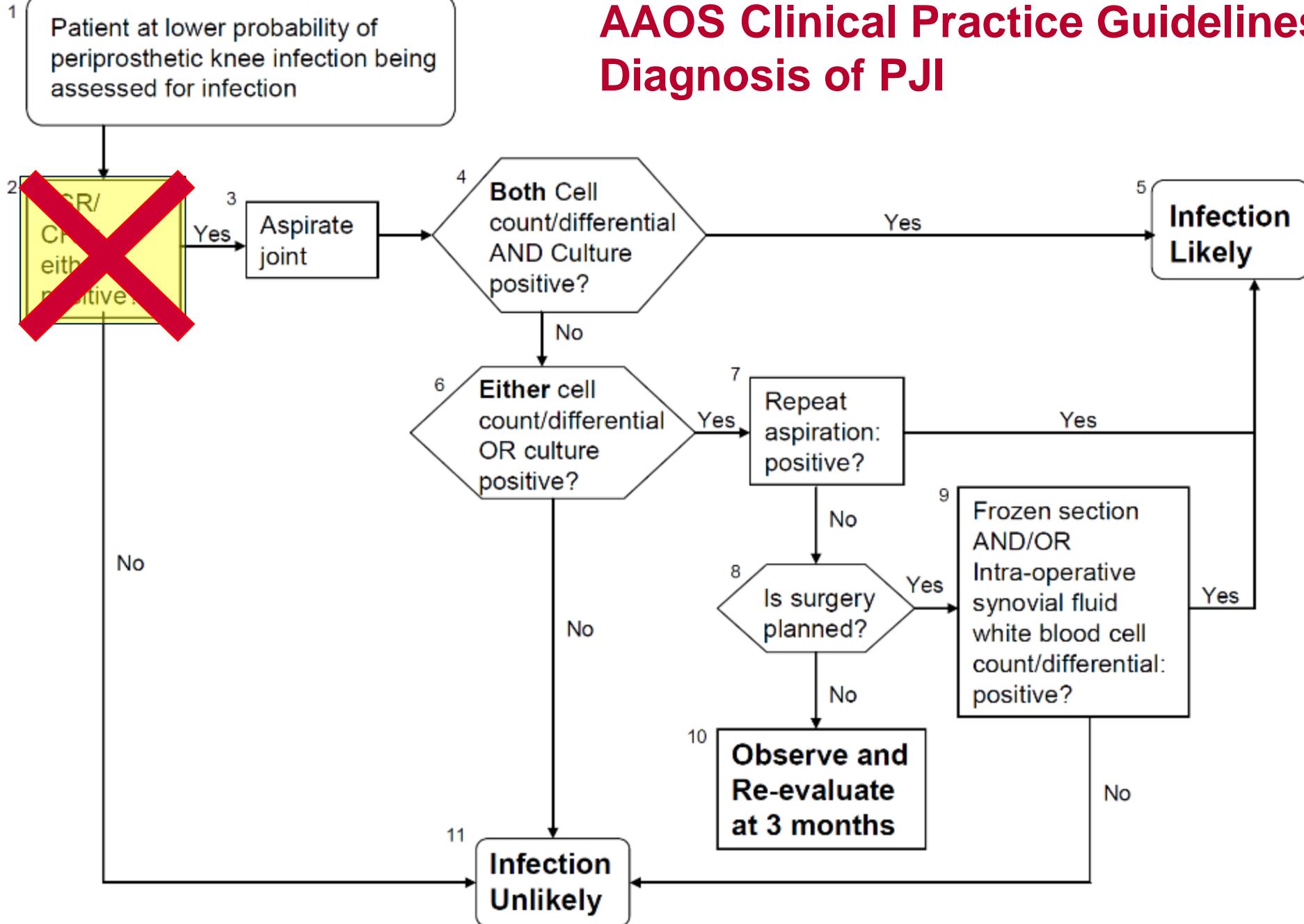
Bone / implant
imaging



Pathogen-specific
biomarker (D-lactate)

AAOS Clinical Practice Guidelines

Diagnosis of PJI



Is it an infection?



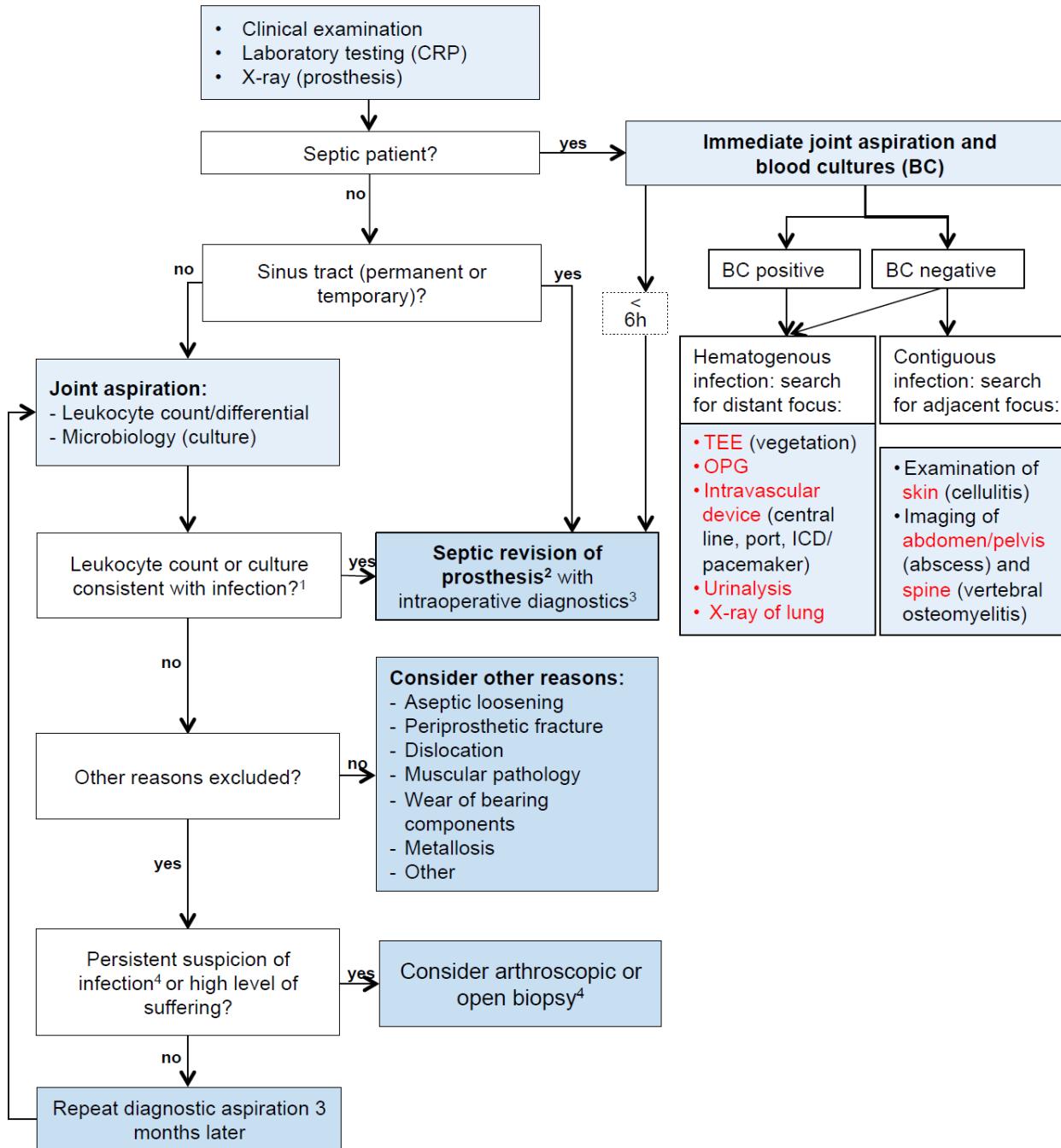
The ostrich effect



Ostriches bury their heads in the sand to avoid danger ([legend](#)).

In humans: Avoid an apparent risk by pretending it doesn't exist.

DIAGNOSTIC ALGORITHM



Approach

Early prosthesis loosening (within 3 years of implantation) and persistent pain are:

Highly suggestive for low-grade PJI

Arthrocentesis kit



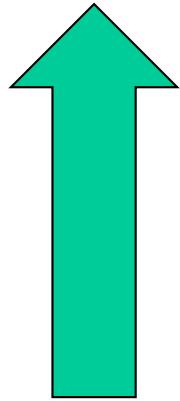
Arthrocentesis-kit



| Priorität | Röhrchen | (mindest-) Volumen | Sonstiges | Zweck | Ziel | |
|-----------|------------------------|--------------------|---|--|--|--|
| 1 | EDTA (Lila) | 1 ml | Zellzählanmeldung per Schein Bsp: SORIGERSTIG SCHÜTTEN!! | Zellzahl Verteilerlabor Rohrpost: 1213 | Leukocyte count | |
| 2 | BK-Flasche | mind. 1ml | MiBi-Schein | MiBi | MiBi | |
| | | | | | Microbiology (cultures) | |
| 3 | Rot | 0,5 ml | Patho-/Histo-Schein | Kristalle | Patho-/Histologie Verteilerlabor Rohrpost: 1213 | |
| 4 | NATIV (in der Spritze) | 1 ml | MiBi-Schein „NATIV“ | MiBi | MiBi Verteilerlabor Rohrpost: 1213 | |
| 5 | Rot | 1,5 - 2 ml | Bitte unterschriebenes Einwilligungsformular mitschicken | Kalorimetrie + PCR | Ortho-Op Dispatcher Rohrpost: 1605 mit unterschriebenem Einwilligungsformular!! | |

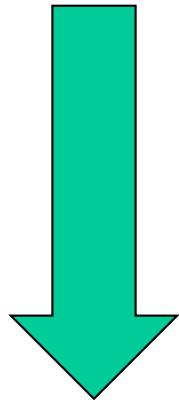
If aspirated synovial fluid volume <5 ml distribute the obtained synovial fluid according to the priority column (otherwise vials can be completely filled up)

Leukocyte count: not always reliable



Potentially false high

- 6 weeks postoperative
- rheumatologic disease
- after trauma/periprosthetic fracture/ dislocation



Potentially false low

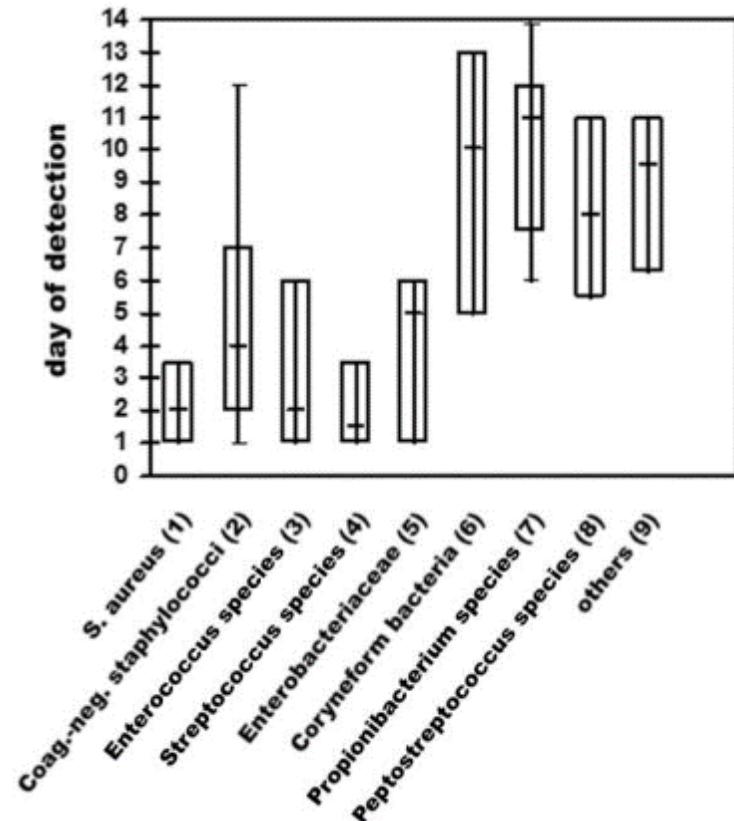
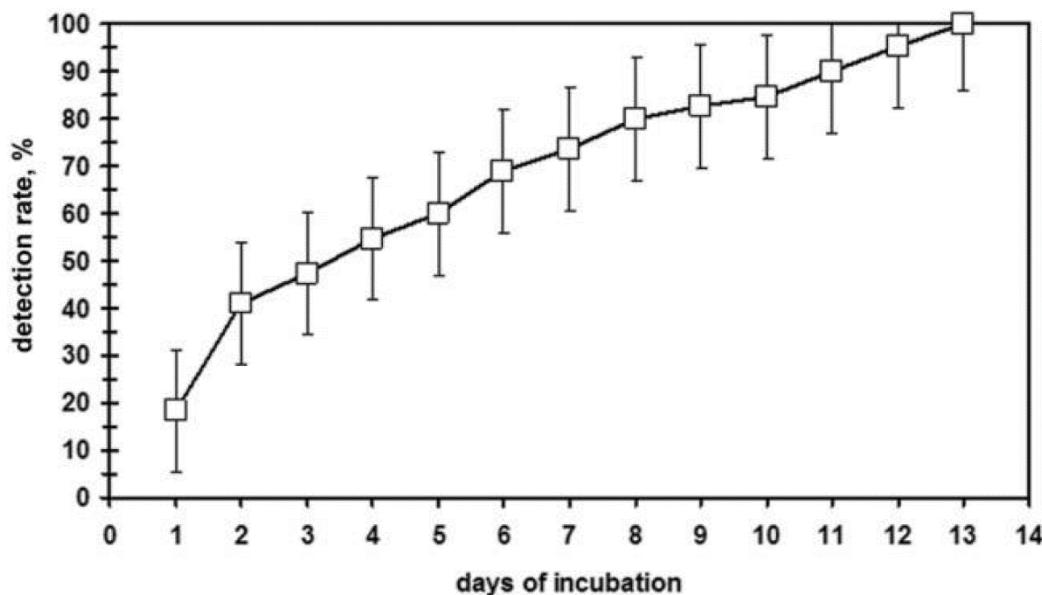
- sinus tract
- leukopenia
- Low-grade infection
(Cutibacterium acnes)

Intraoperative tissue culture



Obtain ≥ 3 tissue specimens

- Interface tissue-prosthesis, no swabs
- For culture and histology
- Prolonged culture incubation:
10-14 d (anaerobes)
- Culture sensitivity: 60-80%



Schäfer P. Clin Infect Dis 2008

Sonication of implants



Removed implants



Vortex, 30 s



Sonication, 1 min, 40 kHz



May 2005–Feb 2007

Standard method
(≥ 3 tissue biopsies)



Sonicate



Trampuz A et al. *N Engl J Med* 2007;357:654–663



The NEW ENGLAND JOURNAL of MEDICINE

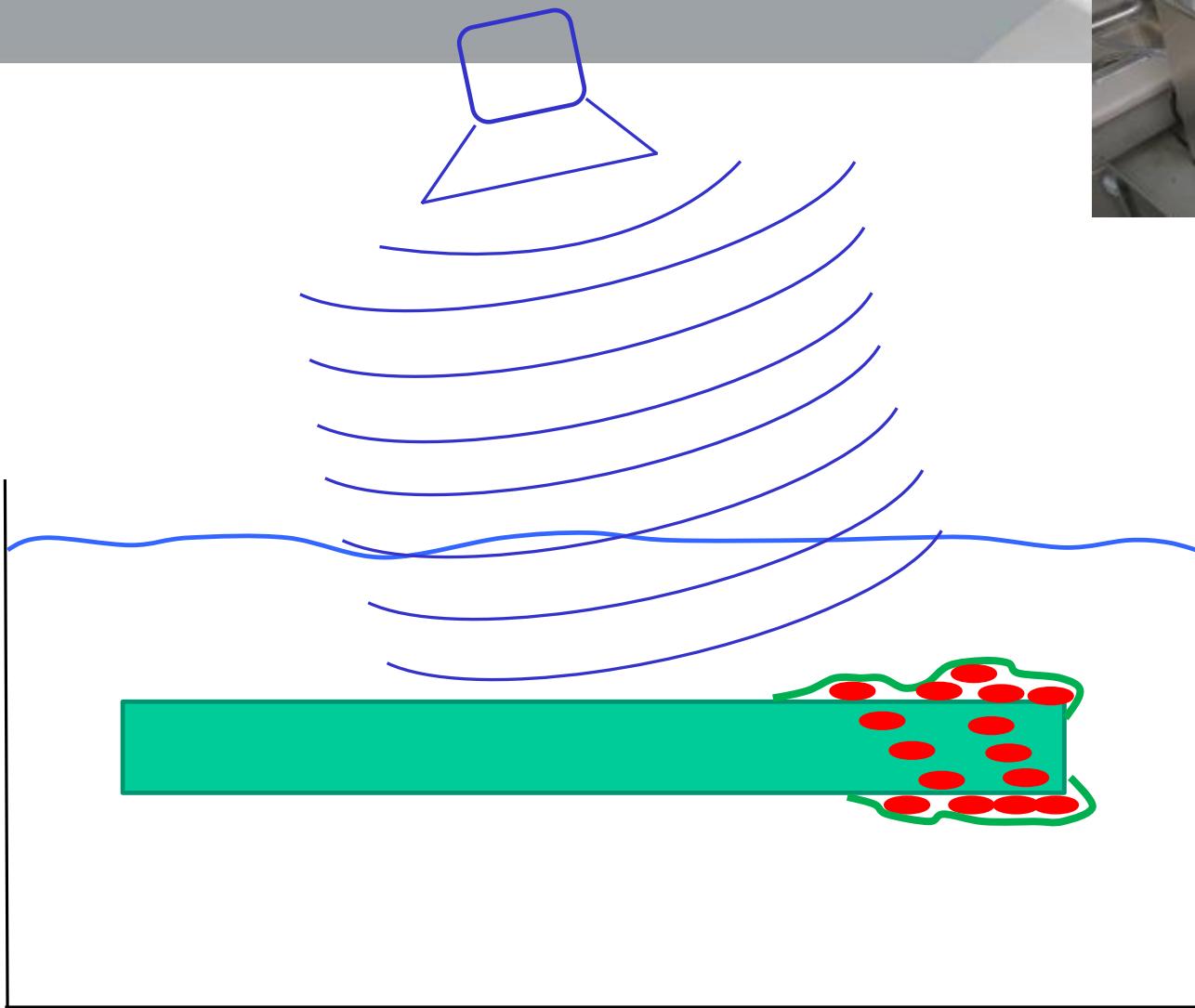
ORIGINAL ARTICLE

Sonication of Removed Hip and Knee Prostheses for Diagnosis of Infection

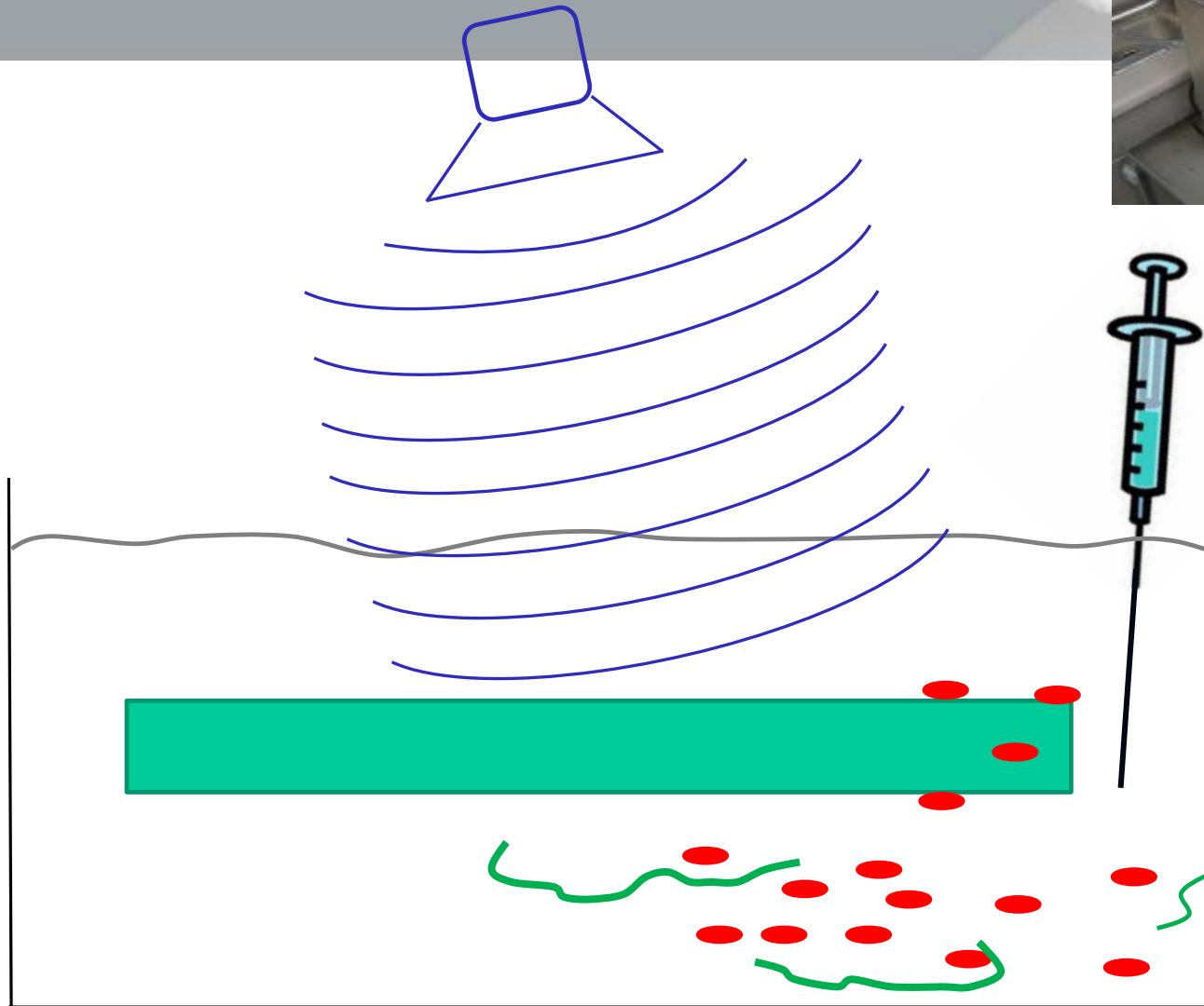
Andrej Trampuz, M.D., Kerryl E. Piper, M.S., Melissa J. Jacobson, A.S.,
Arlen D. Hanssen, M.D., Krishnan K. Unni, M.D., Douglas R. Osmon, M.D.,
Jayawant N. Mandrekar, Ph.D., Franklin R. Cockerill, M.D.,
James M. Steckelberg, M.D., James F. Greenleaf, Ph.D., and Robin Patel, M.D.

N ENGL J MED 357;7 WWW.NEJM.ORG AUGUST 16, 2007

Sonication – biofilm bacteria



Sonication – biofilm bacteria

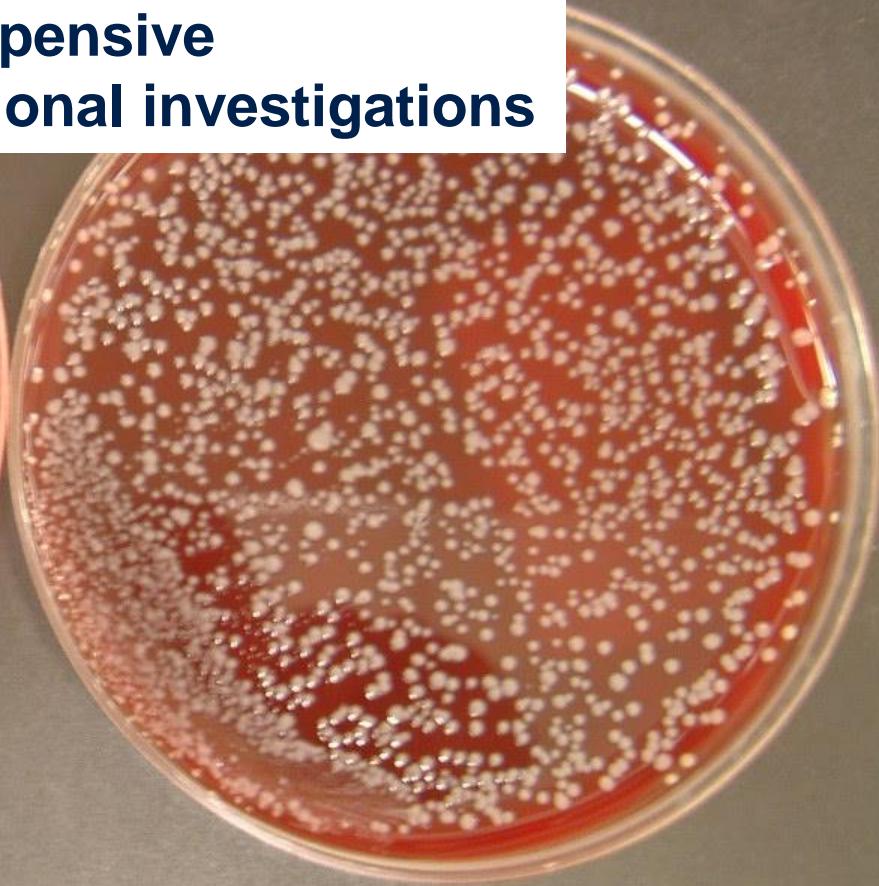


Trampuz A et al. N Engl J Med 2007

Better sensitivity (90%)
Quantitative (more specific: 95%)
Mixed infections (30%)
Faster, less expensive
Fluid for additional investigations



Tissue biopsy



Sonication fluid

Definition criteria

Diagnosis of periprosthetic joint infection is confirmed if at least 1 criteria is fulfilled:

| Criterion | Explanation | Sensitivity | Specificity |
|--------------------------------------|---|----------------------------|-------------------|
| Clinical features | Sinus tract (fistula) or visible purulence around the prosthesis | 20-30% | 100% |
| Leukocyte count in synovial fluid | >2000/ μ l leukocytes or \geq 70% granulocytes | 90% | 95% |
| Histology | Inflammation in periprosthetic tissue (type 2 or type 3 after Morawietz & Krenn) | 70-90% | 95% |
| Microbiology | Growth in: <ul style="list-style-type: none">- Synovial fluid- \geq2 periprosthetic tissue samples*- Sonication fluid (\geq 50 CFU/ml) | 45-75% 60-80% 80-90% | 95% 92% 95% |

*For highly virulent organisms (e.g. *S. aureus*, *E. coli*) 1 positive tissue sample is sufficient.

Microbiology of PJI

| Microorganism | Frequency |
|---|-----------|
| Coagulase-negative staphylococci (e.g. <i>Staphylococcus epidermidis</i>) | 30-43% |
| <i>Staphylococcus aureus</i> | 12-23% |
| Streptococci & enterococci | 12-19% |
| Gram-negative bacilli (e.g. <i>Escherichia coli</i>) | 10-17% |
| Anaerobes (e.g. <i>Cutibacterium acnes</i>) | 4-10% |
| Mixed infections ¹ | 10-20% |
| Fungi (e.g. <i>Candida albicans</i>) ¹ | 1-3% |
| Culture negative | 10-30% |

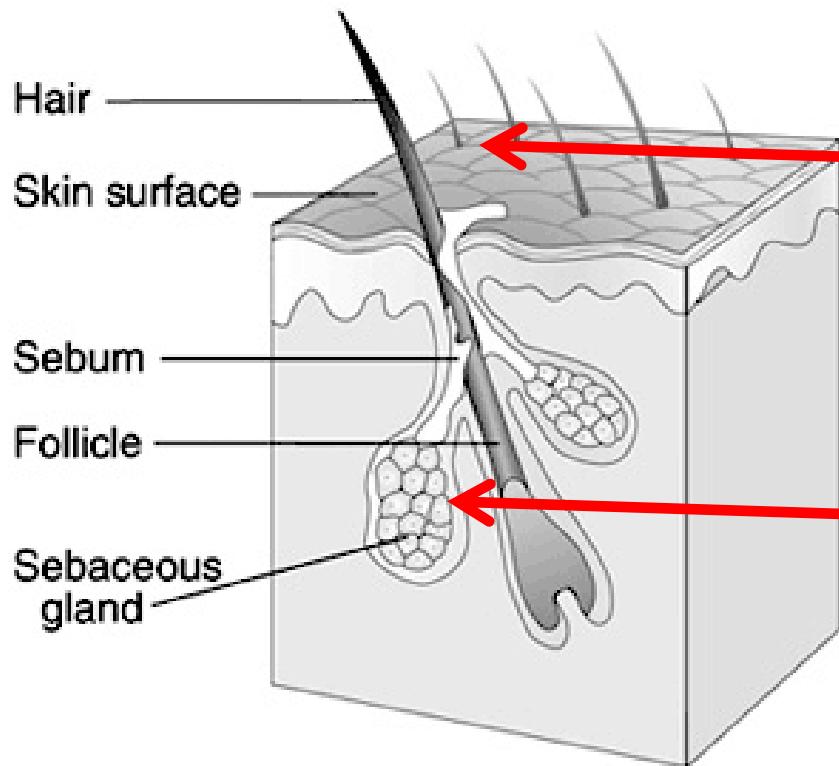
Low virulent organisms

¹ Often after VAC-therapy or fistula (with antibiotic therapy)

Corvec IJAO 2012; Tande CMR 2014

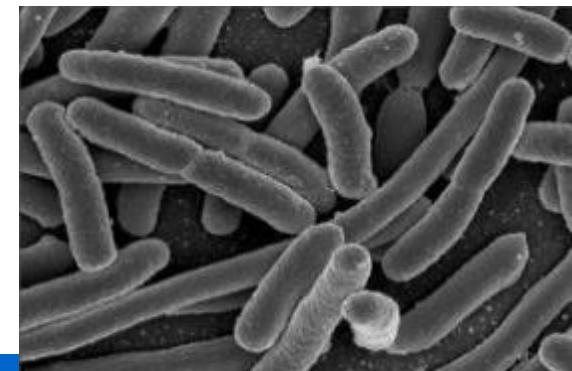
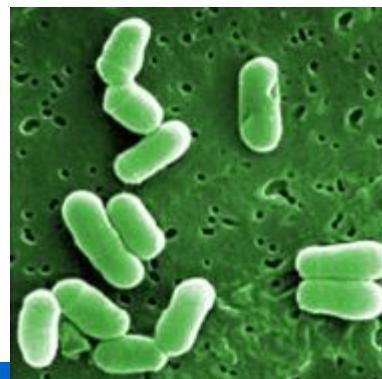
Normal skin flora

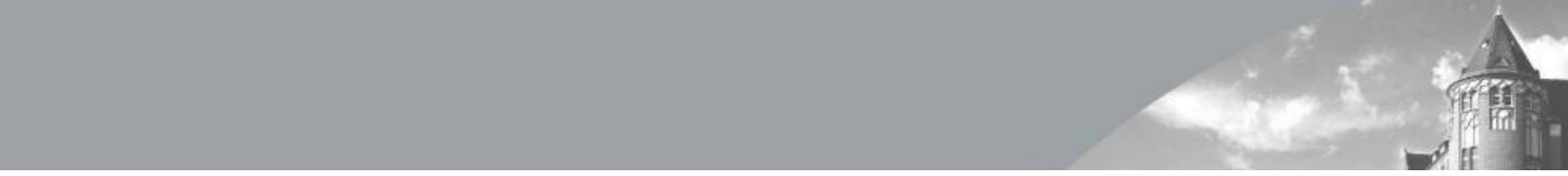
100.000 bacteria/cm²



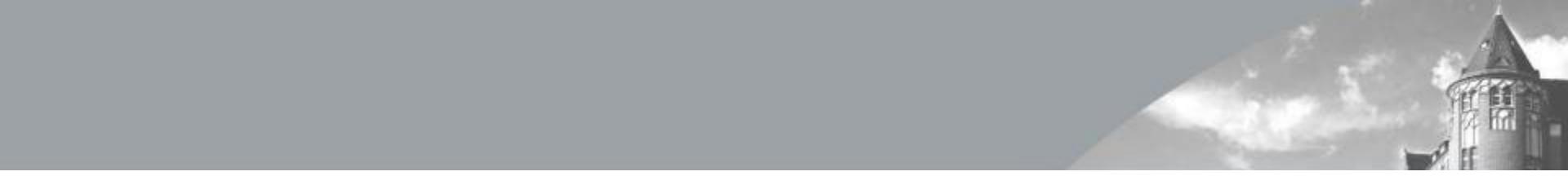
- **Staphylococci**
 - *Staphylococcus epidermidis*
 - *Staphylococcus aureus*

- **Anaerobes**
 - *Cutibacterium acnes*





Modern treatment algorithm of PJI



The NEW ENGLAND JOURNAL of MEDICINE

REVIEW ARTICLE

CURRENT CONCEPTS

Prosthetic-Joint Infections

Werner Zimmerli, M.D., Andrej Trampuz, M.D., and Peter E. Ochsner, M.D.

Zimmerli W *et al.* *N Engl J Med* 2004;351:1645–1654

Treatment concept

To achieve high treatment success, a concerted surgical and antimicrobial concept is needed



Cure rate >90%

What is the contribution of the surgeon on treatment success in PJI?

Infectious Diseases

- 0%
- 20%
- 40%
- 60%
- 80%
- 100%

Orthopedic surgeons

- 0%
- 20%
- 40%
- 60%
- 80%
- 100%

What is the contribution of the surgeon on treatment success in PJI?

Infectious Diseases

- 0%
- 20%
- 40%
- 60%
- 80% **✓**
- 100%

Orthopedic surgeons

- 0%
- 20%
- 40%
- 60%
- 80%
- 100%

What is the contribution of the surgeon on treatment success in PJI?



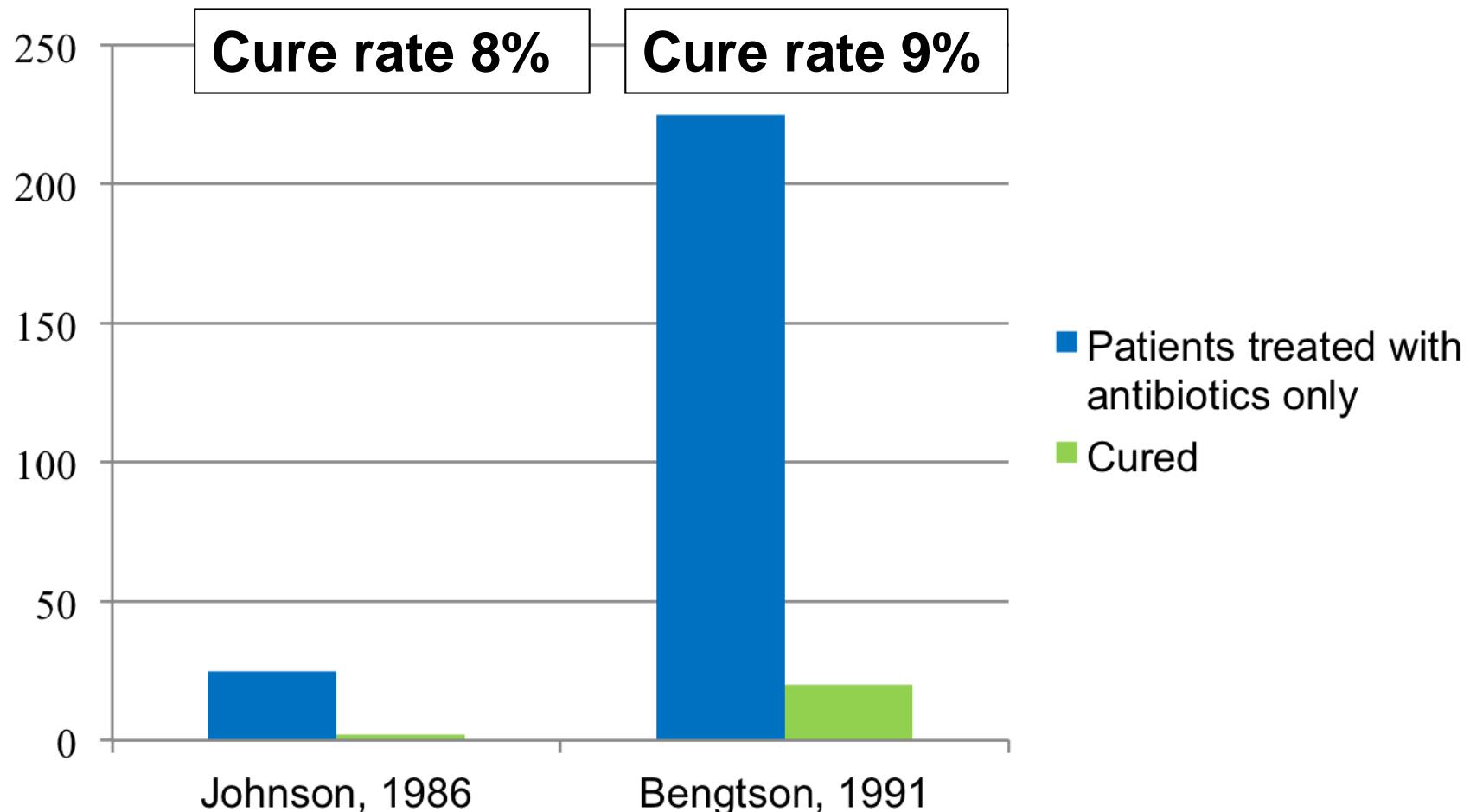
Infectious Diseases

- 0%
- 20%
- 40%
- 60%
- 80%
- 100%

Orthopedic surgeons

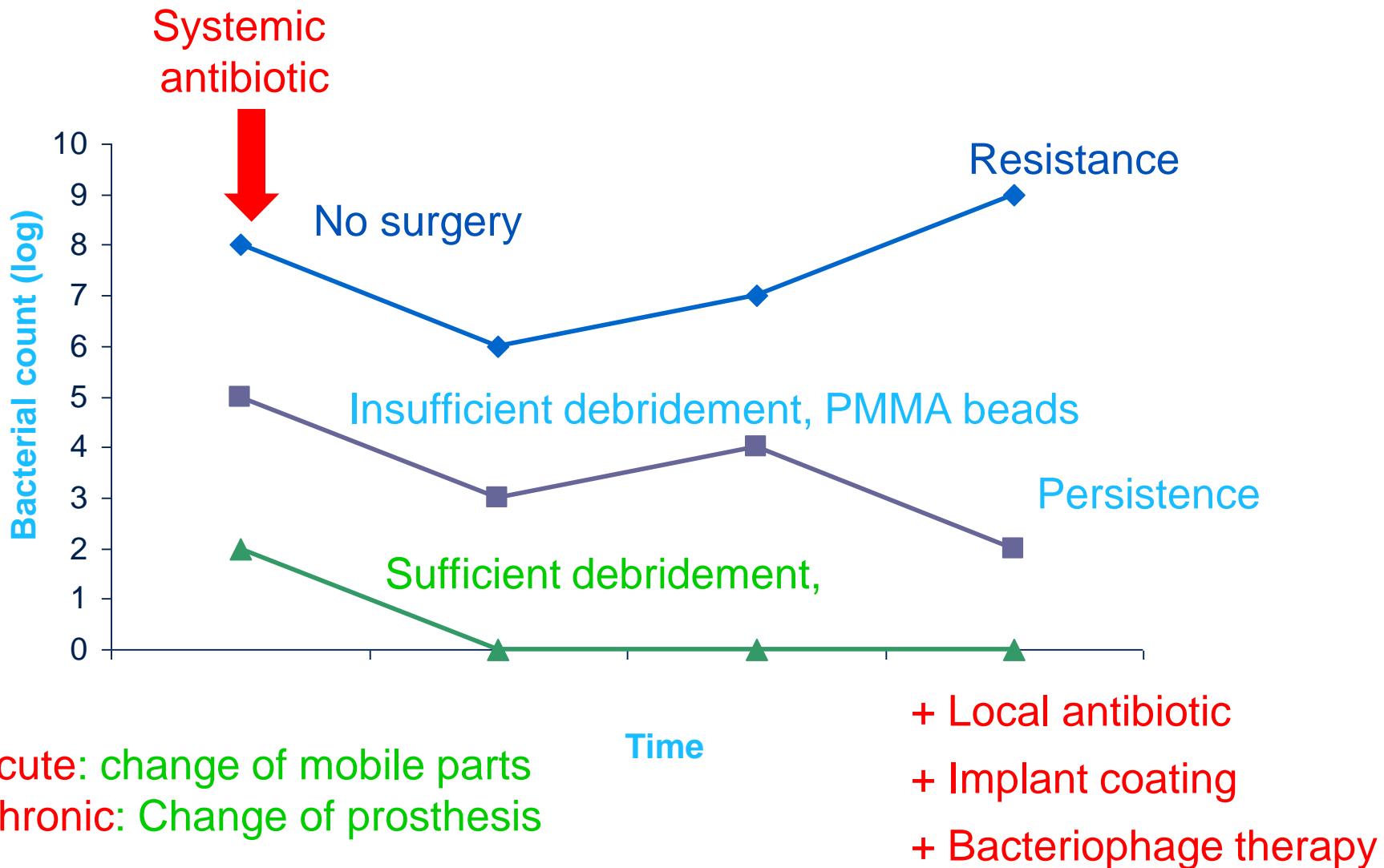
- 0%
- 20%
- 40%
- 60%
- 80%
- 100%

Antibiotics without surgery

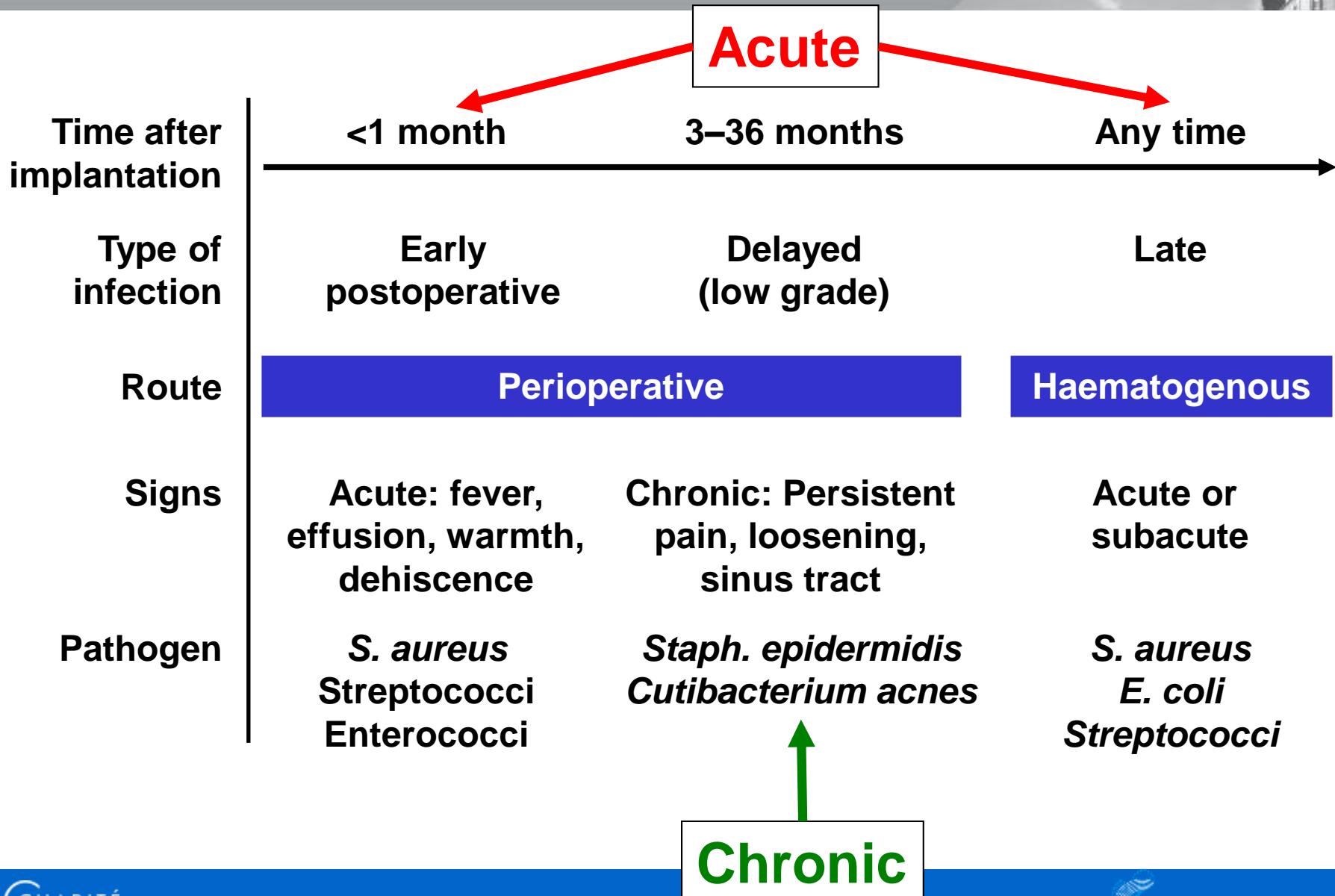


Johnson et al. J Bone Joint Surg Br 1986; Bengtson et al. Acta Orthop Scand 1991

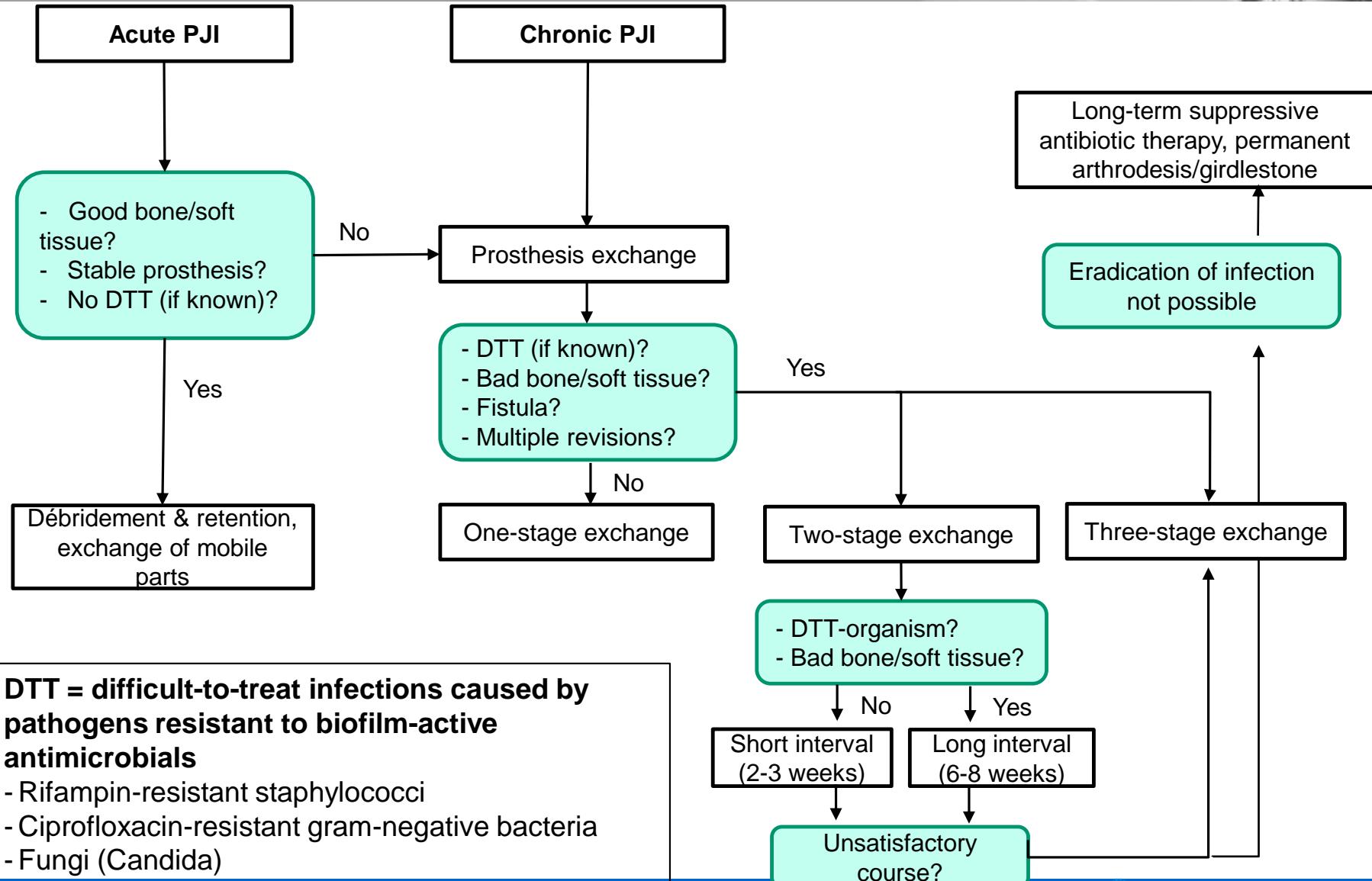
The solution to pollution is dilution (of microbes)



Classification: early – delayed – late



Treatment algorithm



DTT = difficult-to-treat infections caused by pathogens resistant to biofilm-active antimicrobials

- Rifampin-resistant staphylococci
- Ciprofloxacin-resistant gram-negative bacteria
- Fungi (Candida)

Acute infection

Prolonged discharge: early postoperative PJI?

- C-reactive protein (**CRP**) should decrease after surgery!
- Exclude **other reasons** of prolonged discharge (coagulopathy, hematoma, albumin deficiency)

→ revision surgery
if prolonged
secretion (>7 days)



Acute pain & fever, 10 y after implantation



Chronic infection

- 78-y-o female
- Primary hip prosthesis 4 months ago
- Since implantation pain, walking distance now 20 m
- CRP normal, no loosening on x-ray



Aspiration 4 months after implantation

Mikroskopische Untersuchungen

Grampräparat

Leukozyten

mässig

Mikroorganismen

nicht nachweisbar

Kulturelle Ergebnisse

1. **Staphylococcus epidermidis**

nach Anreicherung

S = sensibel I = intermediär R = resistent f = folgt N = negativ P = positiv

1.

Ampicillin

R

Amoxicillin + Clavulansäure

R

Cefalotin

R

Ceftriaxon

R

Gentamycin

R

Norfloxacin

R

Ciprofloxacin

R

Levofloxacin

R

Cotrimoxazol

R

Tetrazyklin

S



Imipenem

R

Penicillin

R

Oxacillin

R

Clindamycin

R

Erythromycin

S



Rifampicin

S



Vancomycin

S



Fusidinsäure

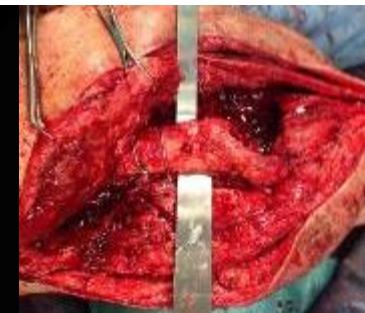
R

**High leukocyte count in
joint aspirate (59,000/ μ l)**

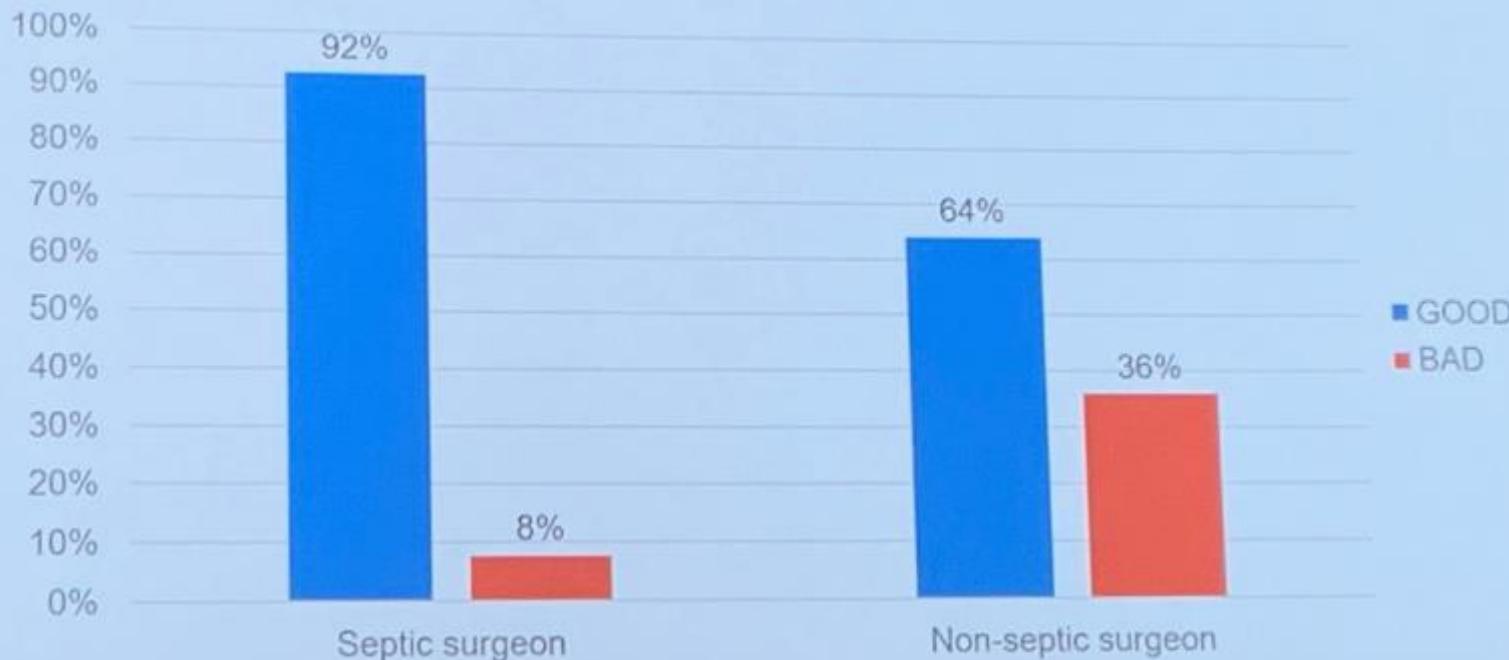
Chronic: Removal of all foreign material



Stitching - Merged
[H]



Results : Overall success rate



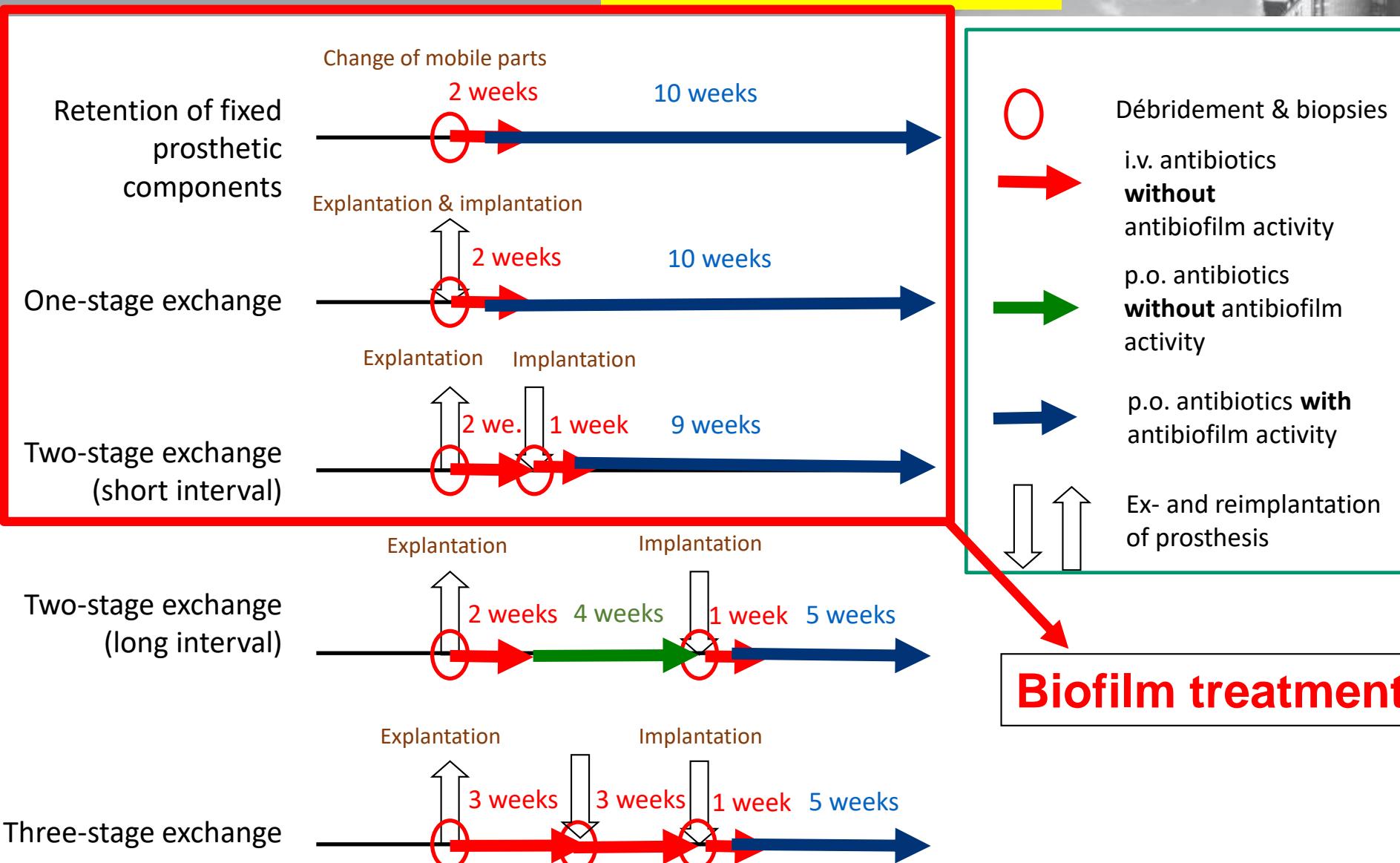
Non-septic surgeons have a higher failure rate ($p < 0.05$)

Surgical procedures

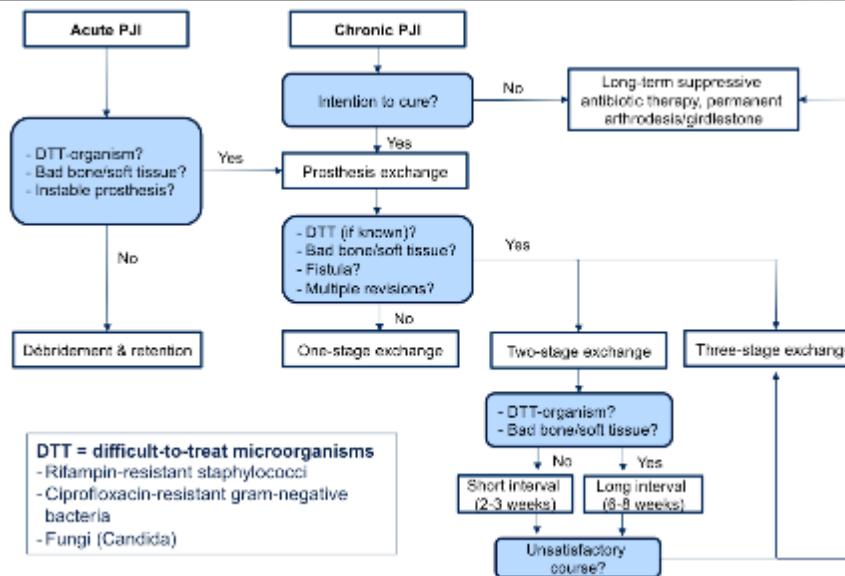
Type of surgery

Intervention

Antibiotics (total 12 weeks)



Aim of PJI-algorithm



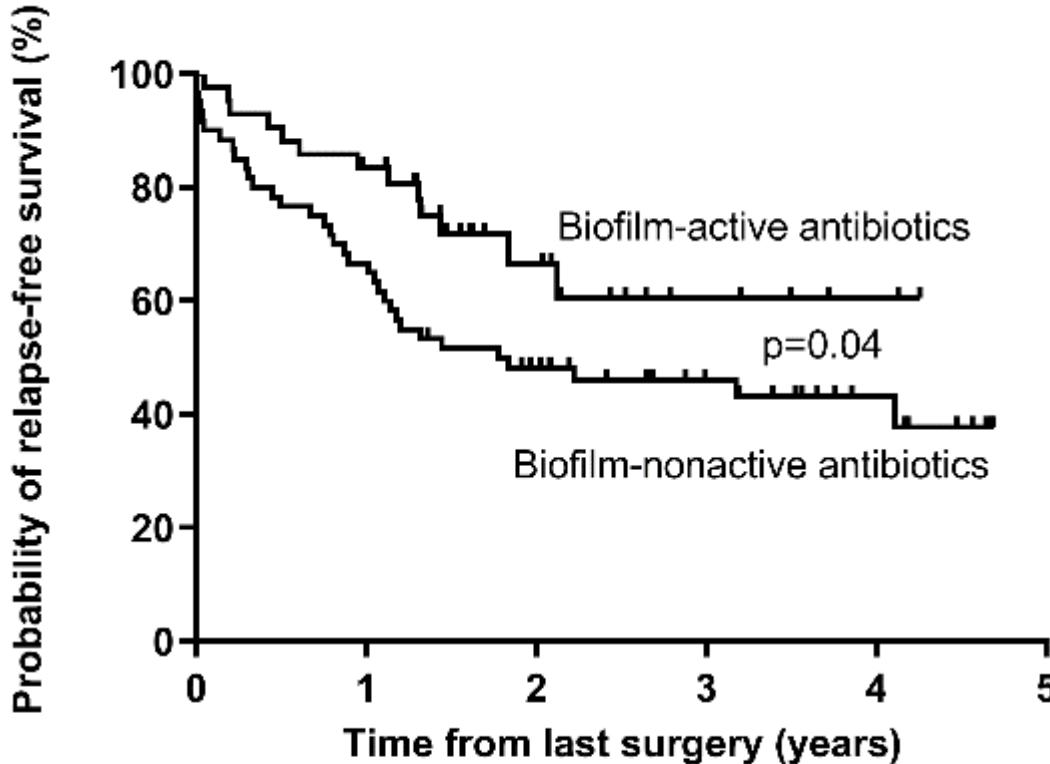
To select the

- **least invasive** treatment option depending on the present features
- with the **best functional result**
- without compromising the cure rate!

Prosthetic joint infection: Outcome

| Variable | Long interval w/o optimal AB (n = 19) | Long interval with optimal AB (n = 19) | Short interval with optimal AB (n = 19) |
|---|---|---|--|
| | 68,5 ± 7,7 | 68,6 ± 14,4 | 65,4 ± 9,6 |
| Patient age (years) | 68,5 ± 7,7 | 68,6 ± 14,4 | 65,4 ± 9,6 |
| Duration from implantation to infection (years) | 3,2 ± 3,0 | 5,7 ± 5,1 | 4,2 ± 3,9 |
| Interval from explantation to reimplantation | 66,7 ± 12,8 | 66,7 ± 38 | 15,9 ± 5,8 |
| Length of hospital stay (days) | 25,7 ± 8,6 | 30 ± 10 | 30 ± 7 |
| Follow-up (months) | 25,2 (7-68) | 18,3 (6-29) | 17,8 (8-19) |
| Aufenthalt in Geriatrie im Intervall (d) | 204 | 210 | 0 |
| Relapse of the infection | 6 (32%) | 1 (5%) | 0 (0%) |
| No. revisionens in interval (median) | 2 | 2 | 0 |

Surgery without «proper» antibiotics



Biofilm-active antibiotics
improved outcome
of knee PJI:

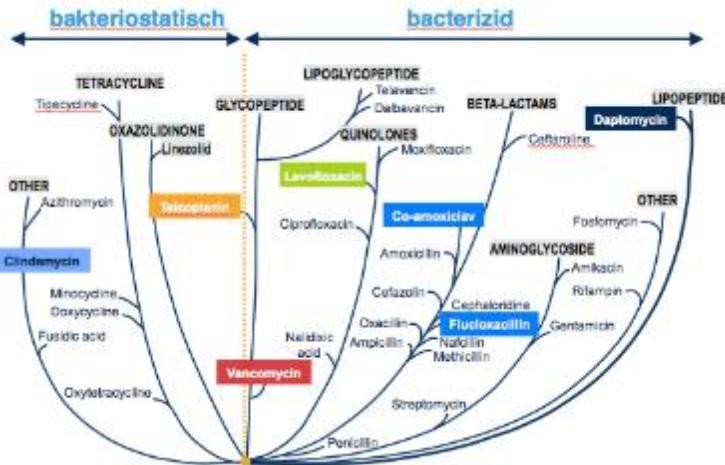
6-year prospective cohort with **103 patients**

| Number at risk | 0 | 1 | 2 | 3 | 4 | 5 |
|-------------------|----|----|----|----|---|---|
| Biofilm-active | 43 | 33 | 13 | 5 | 2 | 0 |
| Biofilm-nonactive | 60 | 40 | 26 | 16 | 8 | 0 |

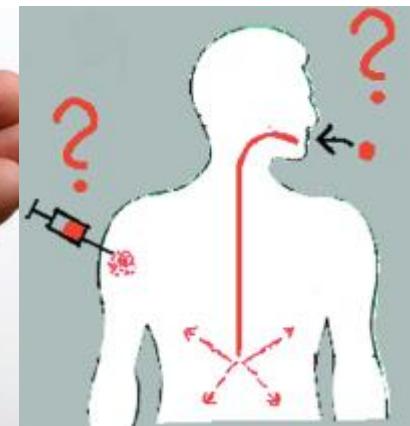
Gellert M, Hardt S et al. IJAA 2019 (in press)

Properties of antibiotics

Bactericidal activity



Good oral bioavailability



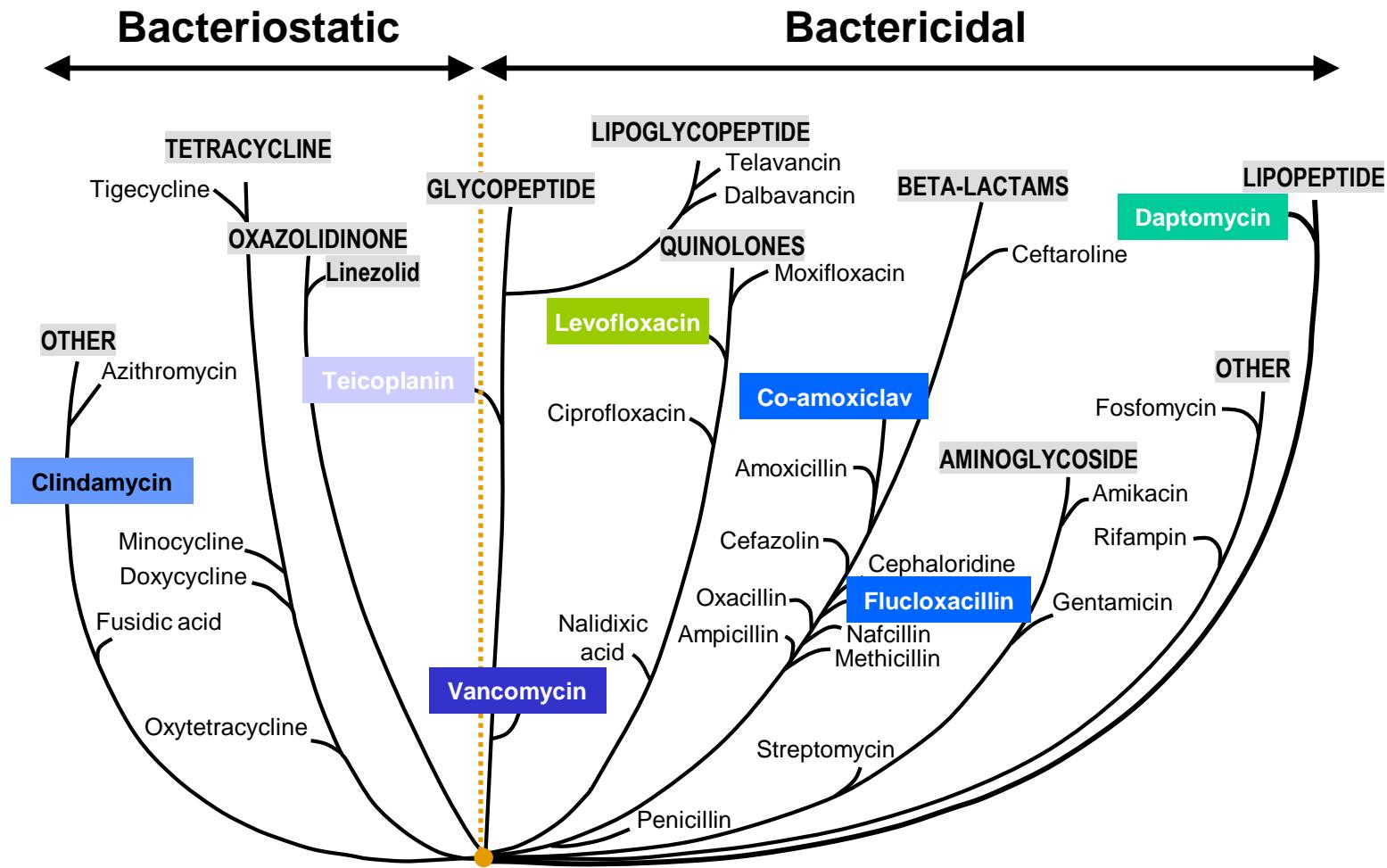
Good bone penetration



Activity against biofilms



Activity of antibiotics



Rolinson GN. *Int J Antimicrob Agents* 2007;29:3–8

Switch to oral treatment after surgery

When...

- ... CRP is nearly normalized
- ... wound is closed and dry
- ... organism and its susceptibility is known

→ usually after 1-2 weeks

How much ends up in the bone?

| Drug | Oral bioavailability | Bone penetration |
|-----------------------|----------------------|------------------|
| Ampicillin/Sulbactam | 50% | 7% |
| Cefuroxim, cefadroxil | 50% | 12% |
| Levofloxacin | 100% | 77% |
| Rifampin | 80% | 51% |
| Cotrimoxazole | 85% | 55% |
| Clindamycin | 90% | 45% |
| Linezolid | 100% | 85% |

Sanford Guide to Antimicrobial Therapy 2015. 45nd ed.
Lorian. Antibiotics in Laboratory Medicine. 5th ed.

Antibiotics with biofilm-activity

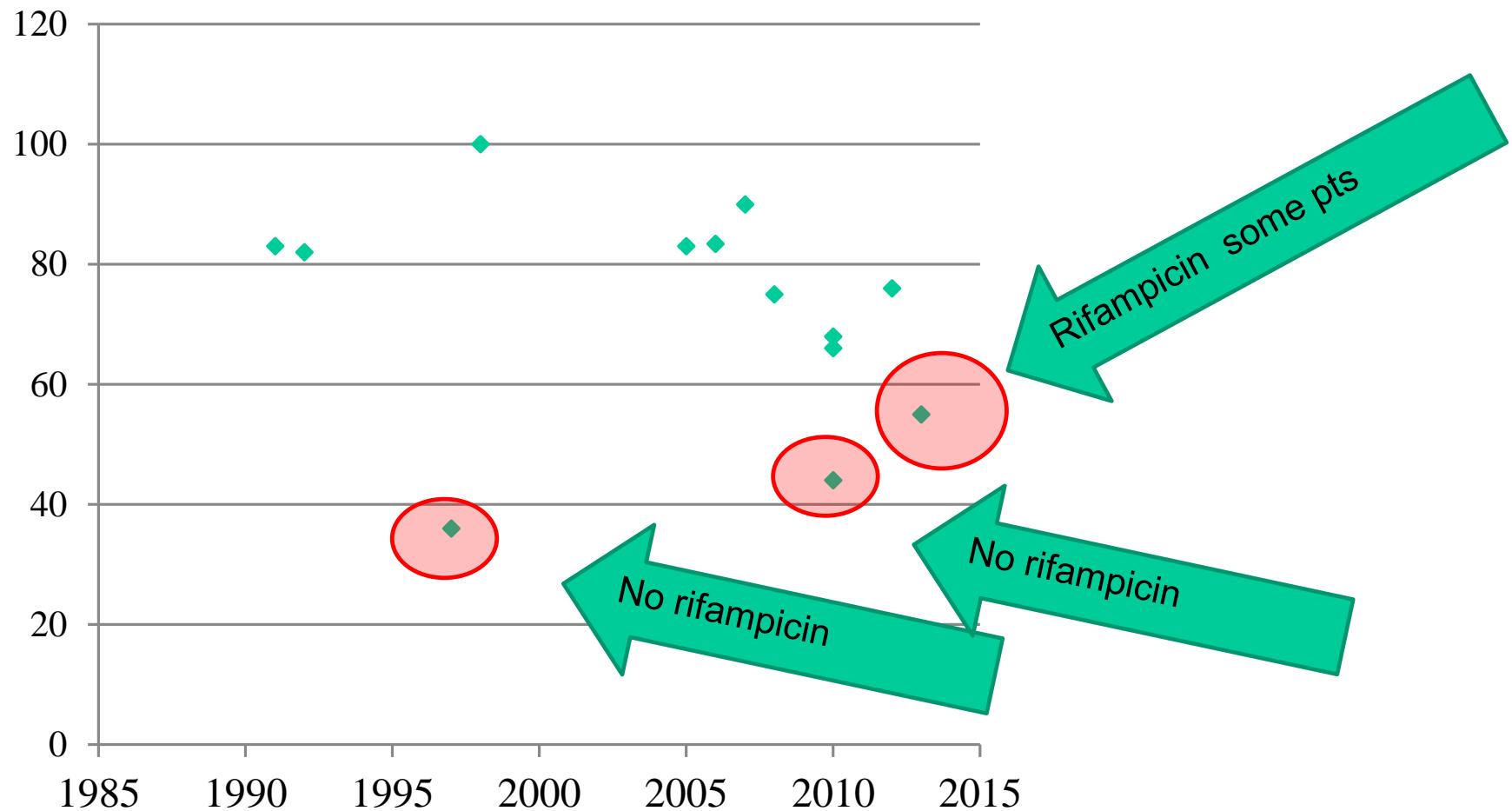
- **Staphylococci:** rifampin (in combination)
- **Gram-negative rods:** ciprofloxacin
- **Streptococci:** penicillin G or ceftriaxon (then amoxicillin p.o.)
- **Enterococci:** ampicillin/amoxicillin + fosfomycin + gentamicin

Rifampin – precious but delicate



Role of rifampicin in staphylococcal PJI

Early postop. and late acute PJI: Rifampicin-susceptible staphylococci



Rifampin: Quick emergence of resistance

Do not use:

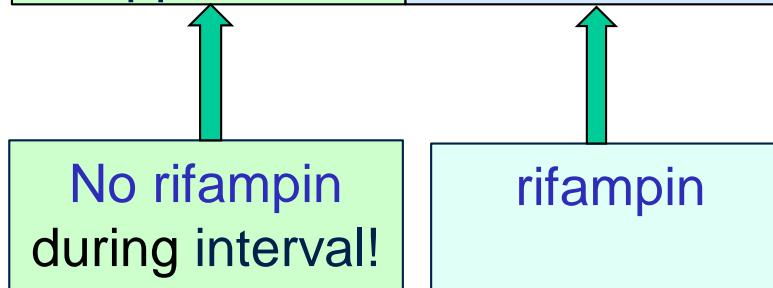
- Before surgery
- In the interval before re-implantation of prosthesis
- In open wounds
- As single antibiotic (monotherapy)



Strategy: long interval (6 weeks)



| | |
|--|--|
| No prosthesis Osteomyelitis therapy = Suppression | Prosthesis Biofilm-active therapy = Eradication |
|--|--|



Targeted therapy

EMPFOHLENE ANTIBIOTIKATHERAPIE

Empirische Antibiotikatherapie:

Ampicillin/Subactam^a 3 x 3 g i.v. (+/- Vancomycin^b 2 x 1 g bei septischen Patienten, bekannten MRSA-Trägern, multiplen Voroperationen und Vd. a. Low-Grade Infekt)

Gezielte Antibiotikatherapie (Deeskalation, sobald Pathogen(e) bekannt):

| Mikroorganismus (rot: Problemreger) | Antibiotikum ^c (Empfindlichkeit überprüfen) | Dosis ^d (blau: Nierenadaptation notwendig) | Gabe |
|--|--|---|--|
| Staphylococcus spp. | | | |
| - Oxacillin-/Methicillin-empfindlich | Fluoxacillin ^e (oder Fosfomycin) + Rifampicin ^f für 2 Wochen, dann (je nach Antibiotogramm): - Levofloxacin oder - Cotrimoxazol oder - Doxycyclin oder - Fusidinsäure | 4 x 2 g (3 x 5 g) 2 x 450 mg Levofloxacin oder 3 x 960 mg 2 x 100 mg 3 x 500 mg | i.v. i.v. p.o. p.o. p.o. p.o. |
| - Oxacillin-/Methicillin-resistent | Rifampicin ^g Daptomycin oder Vancomycin ^h (oder Fosfomycin) + Rifampicin ⁱ für 2 Wochen, dann in Kombination wie oben für Oxacillin-/Methicillin-empfindliche Staphykokken | 2 x 450 mg 1 x 8 mg/kg 2 x 1 g (3 x 5 g) 2 x 450 mg | p.o. i.v. i.v. i.v. p.o. |
| - Rifampicin-resistent | Vancomycin oder Daptomycin für 2 Wochen (wie oben), dann: Langzeitsuppression für ≥1 Jahr, abhängig von Empfindlichkeit (z.B. mit Cotrimoxazol, Doxycyclin oder Clindamycin). | | |
| Streptococcus spp. | | | |
| | Penicillin G ^j oder Ceftriaxon für 2-4 Wochen, dann: Amoxicillin oder Levofloxacin (ggf. Suppression für 1 Jahr) | 4 x 5 Millionen U 1 x 2 g Amoxicillin oder 2 x 500 mg | i.v. i.v. p.o. p.o. |
| Enterococcus spp. | | | |
| - Penicillin-empfindlich | Ampicillin ^k + Gentamicin ^l (+/- Fosfomycin) für 2-3 Wochen, dann: Amoxicillin Vancomycin ^m oder Daptomycin + Gentamicin ^l (+/- Fosfomycin) für 2-4 Wochen, dann: Linezolid (max. 4 Wochen) | 4 x 2 g 2 x 60-80 mg (3 x 5 g) 3 x 1000 mg 2 x 1 g 1 x 10 mg/kg 2 x 60-80 mg (3 x 5 g) 3 x 1000 mg 2 x 1 g 1 x 10 mg/kg 2 x 600 mg | i.v. i.v. (i.v.) p.o. i.v. i.v. i.v. p.o. |
| - Penicillin-resistent | Individuell; Entfernung des Implantates oder lebenslängliche Suppression notwendig, z.B. mit Doxycyclin (falls empfindlich). | | |
| - Vancomycin-resistent (VRE) | | | |

| Mikroorganismus (rot: Problemreger) | Antibiotika ⁿ (Empfindlichkeit überprüfen) | Dosis ^o (blau: Nierenadaptation notwendig) | Gabe |
|--|--|---|--|
| Gramnegative Erreger | | | |
| - Enterobacteriaceae (<i>E. coli</i> , <i>Klebsiella</i> , <i>Enterobacter</i> etc.) | Ciprofloxacin | 2 x 750 mg | p.o. |
| - Nonfermenter (<i>Pseudomonas aeruginosa</i> , <i>Acinetobacter</i> spp.) | Piperacillin/Tazobactam oder Meropenem oder Ceftazidim + Tobramycin (oder Gentamicin) für 2-3 Wochen, dann: Ciprofloxacin | 3 x 4 g 3 x 1 g 3 x 2 g 1 x 300 mg 1 x 240 mg 2 x 750 mg | i.v. i.v. i.v. i.v. i.v. p.o. |
| - Ciprofloxacin-resistent | Abhängig vom Antibiotogramm: Meropenem i.v. 3 x 1 g, Colistin 3 x 3 Mio E i.v. und/oder Fosfomycin 3 x 5 g i.v., dann orale Suppression | | |
| Anaerobier | | | |
| - Gram-positiv (<i>Propionibacterium</i> , <i>Peptostreptococcus</i> , <i>Finegoldia magna</i>) | Penicillin G ^p oder Ceftriaxon + Rifampicin ^q für 2 Wochen, dann: Levofloxacin oder Amoxicillin + | 4 x 5 Millionen E 1 x 2 g 2 x 450 mg | i.v. i.v. p.o. |
| - Gram-negativ (<i>Bacteroides</i> spp., <i>Fusobacterium</i> spp.) | Rifampicin ^q für 2 Wochen, dann: Amoxicillin/Sulbactam ^r Metronidazol | 3 x 400 mg | p.o. |
| Candida spp. | | | |
| - Fluconazol-empfindlich | Caspofungin oder Anidulafungin für 1-2 Wochen, dann: Fluconazol (Suppression für ≥1 Jahr) | 1 x 50 mg (1. Tag 70 mg) 1 x 100 mg (1. Tag 200 mg) | i.v. p.o. |
| - Fluconazol-resistant | Individuell (z.B. mit Voriconazol 2 x 200 mg p.o.); Entfernung des Implantates oder ggf. lebenslange Suppression | | |
| Kultur-negativ | | | |
| | Ampicillin/Sulbactam ^r für 2 Wochen, dann: Levofloxacin + Rifampicin ^q | 3 x 3 g 2 x 500 mg 2 x 450 mg | i.v. p.o. p.o. |

^a Gesamtduer der Therapie: 12 Wochen, ca. 2 Wochen intravenös (i.v.), dann oral (p.o.).

^b Laborkontrolle 2x/Woche: Leukozyten, C-reactives Protein, Kreatinin/GFR, Leberenzyme (AST/GOT und ALT/GPT). Dosisanpassung nach Nierenfunktion und Körpergewicht (<40 kg oder >100 kg).

^c Penicillin-Aллерgie vom NICHT-Typ 1 (z.B. Exanthem): Cefazolin (3 x 2 g i.v.). Bei Anaphylaxie (= Typ 1-Aллерgie mit Quincke-Odem, Bronchospasmus, anaphylaktischem Schock) oder Cephalosporin-Aллерgie: Vancomycin (2 x 1 g i.v.) oder Daptomycin (1 x 8 mg/kg i.v.). Ampicillin/Subactam ist äquivalent zu Amoxicillin/Clavulansäure (3 x 2,2 g i.v.).

^d Rifampicin erst nach Prothesen-Wiederaufbau und bei trockenen Wundverhältnissen bzw. gezogenen Drainagen einsetzen; Dosisreduktion auf 2 x 300 mg bei Alter >75 Jahre.

^e Bestimmung des Vancomycin-Talspiegels mindestens 1x/Woche, Blutabnahme unmittelbar vor nächster Gabe. Zielwert: 15-20 µg/ml.

^f Gentamicin nur anwenden, wenn Gentamicin high-level (HL) empfindlich getestet wird (im Mikrobiologie-Labor nachfragen). Bei Gentamicin HL-resistenten Enterokokken: Gentamicin durch Ceftriaxon (1 x 2 g i.v.) ersetzen.

Therapy during interval: suppression

- Aim: suppression of the infection (no eradication)
- used substances:

| Organism | substance |
|-------------------------|---|
| Staphylococci | Cotrimoxazol, Doxycyclin, Clindamycin |
| Streptococci | Amoxicillin, Clindamycin, Levofloxacin |
| Enterococci | Amoxicillin, (Linezolid) |
| Anaerobes | Clindamycin, Amoxicillin, Metronidazole |
| Gram negative organisms | Ciprofloxacin, Cotrimoxazol |

- Seamless intake until implantation (no drug holidays)

Pocket Guide: www.pro-implant-foundation.org

Pocket Guide zur Diagnostik und Behandlung von periprothetischen Infektionen

Individuelle Beratung über das Onlineportal: cs.pro-implant-foundation.org
PRO-IMPLANT Workshops: www.pro-implant-foundation.org

DEFINITION

Vorliegen einer periprothetischen Infektion, wenn ≥ 1 Kriterium erfüllt ist:

| Untersuchung | Kriterium | Sensitivität | Spezifität |
|--|---|----------------------------|-------------------|
| Klinik | Fistel <u>oder</u> Eiter um die Prothese ^a | 20-30% | 100% |
| Leukozytenzahl im Punktat ^b | >2000/ μ l Leukozyten <u>oder</u> >70% Granulozyten (PMN) | \approx 90% | \approx 95% |
| Histologie | Entzündung im periprothetischen Gewebe ^c | 73% | 95% |
| Mikrobiologie | Erreger nachweis in: <ul style="list-style-type: none">• Synovialflüssigkeit <u>oder</u>• ≥ 2 Gewebeproben^d <u>oder</u>• Sonikat ≥ 50 Kolonien/ml^e | 45-75% 60-80% 80-90% | 95% 92% 95% |

^a Bei der Metall-Metall Gleitpaarung kann Eiter durch Abrieb simuliert werden

(„Pseudopus“), die Leukozytenzahl ist normal oder erhöht (Metaldebris sichtbar)

^b Bei rheumatischer Arthropathie, Luxationen, periprothetischer Fraktur, Vorliegen einer Fistel und 6 Wochen postoperativ nicht verwertbar. Die Leukozytenzahl sollte innerhalb von 24 Stunden bestimmt werden (Mikroskopie oder automatisierte Auszählung); geronnene Proben werden mit 10 μ l Hyaluronidase versetzt

^c entspricht Typ 2 oder 3 nach Krenn und Morawietz (≥ 23 Granulozyten/10 HPF)

^d Bei hoch-virulenten Erregern (z.B. *S. aureus*, *E. coli*, streptococci) oder Patienten unter Antibiotika ist der Nachweis in einer Gewebeprobe signifikant

^e Unter Antibiotikatherapie, bei *S. aureus* und Anaerobiern können schon <50 Kolonien/ml relevant sein

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Version 8
01. Oktober 2018



Version 3
01. Oktober 2018

Pocket Guide zur Diagnostik und Behandlung von Implantat-assoziierten Infektionen nach Frakturversorgung

Nutzen Sie für individuelle Empfehlungen das Beratungsportal unter: cs.pro-implant-foundation.org. Besuchen Sie unseren Workshop: www.pro-implant-foundation.org.

DEFINITION

| | Untersuchung | Kriterium |
|----------------------------------|---------------|---|
| Infektion möglich | Anamnese | <ul style="list-style-type: none">• Ruhe-/Nachtschmerz• prolongierte Wundsekretion• Revisionen und Antibiotikatherapien postoperativ |
| | Bildgebung | <ul style="list-style-type: none">• Infektionskallus• Sequester• Osteolysen |
| Infektion bestätigt ¹ | Klinik | <ul style="list-style-type: none">• Fistel• Pus/sichtbares Implantat• Positive „probe to implant“ |
| | Histologie | Entzündung im periimplantären Gewebe (>5 Neutrophile pro Gesichtsfeld bei 400x Vergrößerung) |
| | Mikrobiologie | Erreger nachweis in: <ul style="list-style-type: none">• ≥ 2 periimplantären Gewebeproben²• Sonifikationsflüssigkeit (≥ 50 KBE/ml)³ |

¹ Bei mind. einem erfüllten Kriterium ist die Infektion bestätigt

² Bei hoch-virulenten Erregern (z.B. *S. aureus*, *E. coli*) und Patienten unter Antibiotika ist bereits der Nachweis in einer Gewebeprobe für die Diagnose der Infektion ausreichend

³ Unter Antibiotikatherapie, bei *S. aureus* und Anaerobiern können schon <50 Kolonien/ml relevant sein

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Vodič za dijagnostiku i liječenje periprostetičkih zglobovnih infekcija (PZI)



Verzija 7: Studeni 2017

Za detaljne preporuke kontaktirajte naš portal na adresi: cs.pro-implant-foundation.org

Za više informacija prijavite se na našu radionicu: www.pro-implant-foundation.org/events/workshops

DEFINICIJA

Periprostetička zglobna infekcija, kada je ≥ 1 uvjeta ispunjeno:

| Test | Kriterij | Osjetljivost | Specifičnost |
|---|---|----------------------------|-------------------|
| Klinička slika | Sinus trakt (fistula) ili pojava gnojne sekrecije oko endoproteze ^a | 20-30% | 100% |
| Broj leukocita u sinovijalnoj tekućini^b | > 2000/ μ l leukocita ili > 70% granulocita (PMN) | \approx 90% | \approx 95% |
| Histologija periprostetičkog tkiva^c | Upala (≥ 23 granulocita na 10 puta uvećanom polju) | 73% | 95% |
| Mikrobiologija | Rast mikroorganizama: • U sinovijalnoj tekućini ili • ≥ 2 uzorka tkiva ^d ili • U sonifikacijskoj tekućini (>50 CFU/ml) ^e | 45-75% 60-80% 80-90% | 95% 92% 95% |

^a Endoproteze s nosećim dodirnim površinama metal-metal mogu oponašati stvaranje gnojnog sadržaja («pseudognoj»), broj leukocita je uglavnom normalan (metaloza)

^b Broj leukocita može biti povišen do 6 tjedana nakon operacijskog zahvata bez infekcije, kod reumatoidnog artritisa (uključujući pseudognoj), periprostetičkog prijeloma ili iščašenja. Broj leukocita u uzorku potrebno je odrediti najkasnije 24h po aspiraciji korištenjem mikroskopa ili automatskog brojača; za razrjeđivanje uzorka moguće je dodati 10 μ l hijaluronidaze)

^c Klasifikacija po Krenn i Morawietz-u: PZI odgovara tipu 2 ili tipu 3

^d Za izrazito virulentne organizme (npr. *S. aureus*, streptococci, *E. coli*) ili za bolesnike na antibiotskoj terapiji, dovoljan je jedan uzorak koji potvrđuje dijagnozu PZI

^e Na antibiotskoj terapiji, za *S. Aureus* i anaerobe, <50 CFU/ml može biti značajno

Vodič za dijagnostiku i liječenje infekcija povezanih s implantatom nakon fiksacije prijeloma



Verzija 2: Listopad 2017

Za detaljne preporuke možete nas kontaktirati na adresi: cs.pro-implant-foundation.org

Za više informacija prijavite se na našu radionicu: www.pro-implant-foundation.org/events/workshops

DEFINICIJA

| | Test | Kriterij | | | | | |
|----------------------------|--|--|------------------|---------------------------|-----------|--------------|-----------|
| Sumnja na infekciju | Anamneza | <ul style="list-style-type: none"> Bol u mirovanju/po noći Produžena sekrecija rane Revizija ili antibiotska terapija postoperativno | | | | | |
| | Radiološke pretrage | <table border="1"> <tr> <td>Inficirani kalus</td> <td>Razlabavljenje implantata</td> </tr> <tr> <td>Sekvestar</td> <td>Pseudartroza</td> </tr> <tr> <td>Osteoliza</td> <td>Kortikalna skleroza</td> </tr> </table> | Inficirani kalus | Razlabavljenje implantata | Sekvestar | Pseudartroza | Osteoliza |
| Inficirani kalus | Razlabavljenje implantata | | | | | | |
| Sekvestar | Pseudartroza | | | | | | |
| Osteoliza | Kortikalna skleroza | | | | | | |
| Klinička slika | <ul style="list-style-type: none"> Sinus trakt (fistula) Vidljiva gnojna sekrecija oko implantata Pozitivan test sondom za ispitivanje implantata | | | | | | |
| Histologija | Infekcija peri-implantatskog tkiva (>5 neutrofila na 400x uvećanom polju) | | | | | | |
| Mikrobiologija | <ul style="list-style-type: none"> Rast mikroorganizama: <ul style="list-style-type: none"> ≥ 2 uzorka peri-implantatskog tkiva² U sonifikacijskoj tekućini (≥ 50 CFU/ml)³ | | | | | | |

¹ Ispunjene već 1 kriterija potvrđuje infekciju

² Za izrazito virulentne organizme (npr. *S. aureus*, streptococci, *E. coli*) ili za bolesnike na antibiotskoj terapiji, dovoljan je jedan uzorak koji potvrđuje dijagnozu

³ Na antibiotskoj terapiji, za *S. Aureus* i anaerobe, <50 CFU/ml može biti značajno

Pocket Guide: www.pro-implant-foundation.org

Pocket Guide zur Diagnose & Behandlung von Wirbelsäuleninfektionen

Nutzen Sie für individuelle Beratungen das Onlineportal unter: cs.pro-implant-foundation.org.

DEFINITION

Spondylodiszitis ist bestätigt, wenn alle 3 Kriterien vorhanden sind:

| Test | Kriterium |
|-------------------------------|--|
| Klinik | Akute oder chronische Rückenschmerzen |
| Bildgebung | Computertomographie (CT) oder Magnetresonanztomographie (MRI) vereinbar mit Spondylodiszitis |
| Mikrobiologie oder Histologie | Erregernachweis in der Blutkultur oder Gewebe des Wirbelkörpers oder Diskus ¹ Akute oder chronische Entzündung im Gewebe |

Spondylodese-assoziierte Infektion ist bestätigt, wenn ≥1 Kriterium vorhanden ist:

| Test | Kriterium |
|---------------|---|
| Klinik | <ul style="list-style-type: none">Fistel oder WunddehiszenzSichtbarer EiterPositiver „probe-to-implant“ Test |
| Histologie | Entzündung im peri-implantären Gewebe |
| Mikrobiologie | Signifikanter Erregernachweis ² in: <ul style="list-style-type: none">≥2 peri-implantären GewebeprobenSonikat (≥ 50 KBE/ml) |

¹ Niedrig-virulente Hauerreger müssen im klinischen Kontext (vorherige Infiltrationen? Intravaskuläres Device in situ?) interpretiert werden

² Für hoch-virulente Erreger (z.B. *S. aureus*, *E. coli*, Streptokokken) oder Patienten unter Antibiotikatherapie reicht eine positive Probe aus bzw. kann ein Sonifikationsresultat mit <50 KBE/ml signifikant sein.

Suggestive Kriterien für Infektion:

- Prolongierte Wundsekretion
- Sekundäre Wunddehiszenz
- Schrauben-/Implantatlockerung
- Pseudarthrose

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Pocket Guide für Diagnostik & Behandlung von Intrakraniellen Neurochirurgischen Infektionen



KLASSIFIKATION nach betroffenem Gewebe/Fremdkörper

| Gruppe | Infektionstyp |
|--------------------------------------|--|
| Extradurale Infektionen | • Knochendeckelinfektion (mit Fixationsmaterial) |
| | • Kranioplastikinfektion (PMMA, PEEK, Titan, Keramik) |
| | • Postoperatives Epiduralempyem (mit / ohne Duraplastik) |
| Intradurale Infektionen | • Postoperative Meningitis |
| | • Postoperativer Hirnabszess |
| | • Postoperatives Subduralempyem (mit/ohne Duraplastik) |
| Andere Device-assozierte Infektionen | • Ventrikuloperitoneal (VPS) - / Ventrikuloatrialshunt (VAS)-Infektion |
| | • Externe ventrikuläre oder lumbale Drainage (EVD/ELD)-Infektion |
| | • Neurostimulator-Infektion |

¹ Nahtmaterial gilt nicht als Fremdmaterial

KLASSIFIKATION nach Zeitpunkt des Auftretens²

| | Frühe Infektion (akut) | Verzögerte / späte Infektion (chronisch) |
|-----------------------|--|---|
| Zeitpunkt | ≤ 6 Wochen nach Implantation | > 6 Wochen nach Implantation |
| Biofilm | „Unreif“ | „Reif“ |
| Chirurgisches Prinzip | Débridement und Erhalt des Implantates möglich | Entfernung oder Wechsel des Implantates notwendig (1- od. 2-zeitig) |

² Nur für implantat-assoziierte Infektionen (mit Biofilmen) relevant

| | |
|---|---|
| Abkürzungen: EVD/ELD: Externe ventrikuläre/lumbale Drainage VPS/VAS: Ventrikuloperitoneal-/Ventrikuloatrialshunt | PMMA: Poly-Methyl-Methacrylate PEEK: Polyether Ether Ketone ZNS: Zentrales Nervensystem |
|---|---|

Hinweis: Viele Empfehlungen basieren auf Expertenmeinung, da keine soliden klinischen Daten vorliegen und die Durchführung dafür designierter Studien schwierig ist. Der Pocket Guide soll eine praktische Hilfe für die klinische Praxis sein.

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Vodič za dijagnostiku i liječenje infekcija kralješnice

Za detaljne preporuke možete nas kontaktirati na adresi: cs.pro-implant-foundation.org

DEFINICIJA

Osteomijelitis kralješnice, ukoliko su 3 uvjeta ispunjena:

| Test | Kriterij |
|--------------------------------|---|
| Klinička slika | Akutna ili kronična bol u leđima |
| Dijagnostika | Kompjuterizirana tomografija (CT) ili magnetska rezonancija sugestivna za osteomijelitis kralješnice |
| Mikrobiologija ili Histologija | Rast mikroorganizama na hemokulturi ili tkivu kralješnice ¹ Akutna ili kronična upala tkiva kralješnice |

Infekcija kralješnice povezana s implantatima, ukoliko je ≥ 1 kriterij ispunjen:

| Test | Kriterij |
|----------------|---|
| Klinička slika | <ul style="list-style-type: none">Poremećaj cijeljenja rane ili fistulaVidljiva gnojna sekrecija oko implantataPozitivan test sondom za ispitivanje implantata |
| Histologija | Upala u peri-implantatskom tkivu |
| Mikrobiologija | Signifikantan rast mikroorganizama ² u: <ul style="list-style-type: none">≥ 2 uzorka peri-implantatskog tkivaSonifikacijskoj tekućini (≥ 50 CFU/ml) |

¹ Nisko virulentni kožni patogeni moraju se interpretirati u kliničkom kontekstu (prethodne infiltracije? Prisutan intravaskularni implantat?)

² Za visoko virulentne mirkoorganizme (npr. *S. aureus*, *E. coli*, streptococci) ili u pacijenata s antibiotskom terapijom se već jednom pozitivnom kulturom dokazuje infekcija te sonifikacija <50 CFU/ml može također biti signifikantna

Potporni kriteriji za infekciju:

- Produžena sekrecija rane
- Sekundarna dehiscencija rane
- Razlabavljenje implantata/vijaka
- Pseudartoza

General Orthopaedics



EFORT open reviews

Periprosthetic joint infection: current concepts and outlook

Petra Izakovicova¹

Olivier Borens²

Andrej Trampuz³

EFORT Open Rev 2019;4:468-475.

CONSULTATION SERVICE PORTAL

cs.pro-implant-foundation.org

PRO-IMPLANT FOUNDATION

NEW

CONSULTATION SERVICE ON IMPLANT INFECTIONS

The Consultation Service of the **PRO-IMPLANT Foundation** provides advice to healthcare professionals on the management of complex bone, joint and implant-associated infections.

CONSULTATION SERVICE
Website: cs.pro-implant-foundation.org



One Case Consultation **FREE OF CHARGE**

Coupon valid during introductory period
(from 11 September through 30 November 2019)

How does the PRO-IMPLANT Consultation Portal work?

1. Register first at: www.pro-implant-foundation.org
2. Choose: "Consultation Portal"
3. Click on "Purchase" and choose "SC-1 (single case)"
4. Apply Coupon-Code: **CP-FREE**
Free coupon is only applicable for SC-1 (single case)
5. Follow further steps
6. Click "Add New Case"



THE CONSULTATION SERVICE IS PROVIDED BY AN INTERDISCIPLINARY TEAM:



INFECTIOUS DISEASES SPECIALISTS



ORTHOPEDIC AND TRAUMA SURGEONS



MICROBIOLOGISTS AND PHARMACISTS

We provide practical advice on diagnosis, prevention and treatment of implant-associated infections, based on current knowledge and scientific evidence

CONSULTATION REQUESTS ARE SUBMITTED THROUGH WEB-BASED PORTAL OR BY PHONE

Register first at the PRO-IMPLANT website free of charge:
www.pro-implant-foundation.org



Log-in on the Consultation Service portal

Enter relevant patient information

Optional: upload images or files

AVAILABILITY AND PRICE:

During the test period, the consultation service is free of charge.
Further information is available at cs.pro-implant-foundation.org.

LEGAL DISCLAIMER:

PRO-IMPLANT Foundation accepts no liability for the content or the consequences of any actions taken on the basis of the advice provided. The received information is treated confidentially.



WEB CONTACT

Reply is provided **within 24 hours** on weekdays.



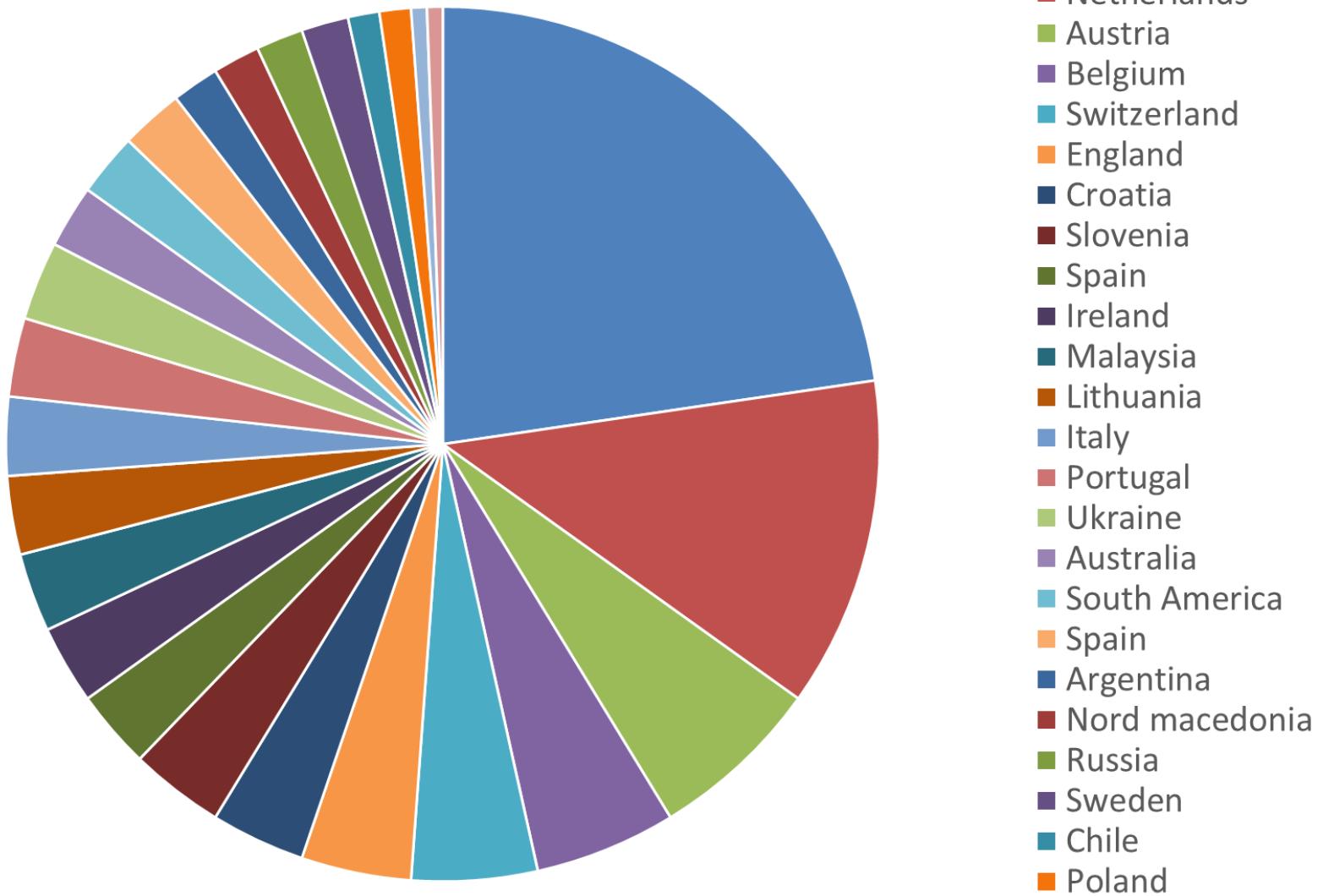
PHONE CONTACT

Available on weekdays, from 8 am to 6 pm.

Year 2018: 3267 consultations



Countries that used the Consultation Portal in 2018



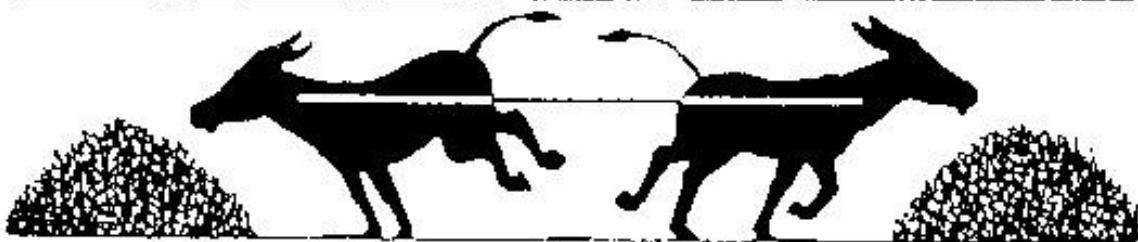
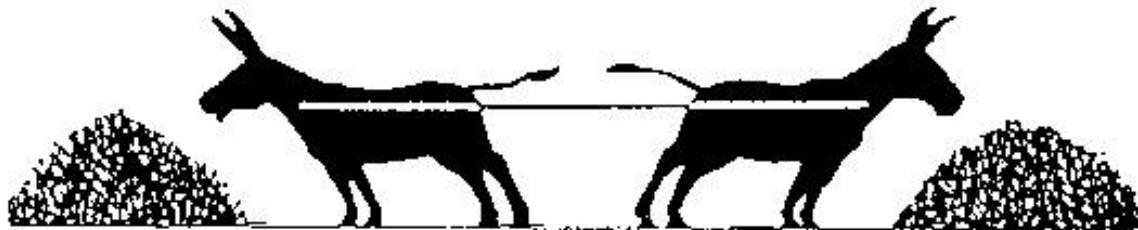
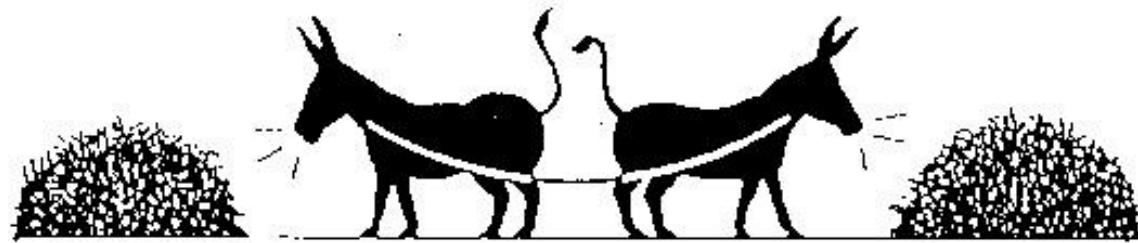


Infection is the **best possible complication**, if...

...appropriate diagnostic is combined with
...correct surgery and
...efficient anti-biofilm agents.

Cure rate >90%

Infection is the best possible complication



Thank you



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Focus on implant, bone and joint-associated infections:

- Surgery: New concepts (retention, 1-stage, 2-stage short interval)
- Diagnosis: Fast innovative methods
- Antibiotics: Active against biofilms